



# 3 year old to Kindergarten



## **Camp Shalom at the Charles Schusterman Jewish Community Center**

2021 E. 71st Street. Tulsa, OK 74136, 918-495-1111 [www.csjcc.org](http://www.csjcc.org)

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Camp Director: Martha Kelley [mkelley@jewishtulsa.org](mailto:mkelley@jewishtulsa.org)

Payment questions: Shelly X116 [jccmembership@jewishtulsa.org](mailto:jccmembership@jewishtulsa.org)

**Camp Shalom Balance:** Each week's balance needs to be paid before attending on Monday morning. Please log into your online account to make payment.

**Camp Hours:** 8:30 am - 4:30 pm

**Before Care:** starts at 7:30 am

**After Care:** ends at 6 pm

### **Wear:**

- Send your child in their swimsuit every day.
- Please put sunscreen on them in the morning before camp every day.

### **On Monday, their backpacks need to contain the following:**

- Stick sunscreen for their face, spray or bottle of sunscreen with your child's name on it to stay in the classroom. We will send a note home when it runs out.
- Towel labeled with their name
- Filled water bottle
- Blanket and/or small toy for rest time
- Flip flops/crocs/other water shoes for them to wear to the pool.
- An extra set of clothes to keep at camp in case of accidents.
- A hat to leave at camp so they can wear it when we go outside in the afternoon.
- We do Show & Tell every day. Your child is welcome to bring something as long as it's small and inexpensive.

### **Other Information:**

- Monday-Thursday your camper will bring home a wet bag that will have their wet swimsuit and towel in it. Please send the bag back each morning with your campers dry clothes for the day. This bag will go back and forth each day. On Friday, we will send your campers backpack home with them.
- We will send home all art projects on Friday.
- Label all your child's items. Sometimes they forget what towel they brought
- Children must be potty trained and are not allowed to wear diapers/pull ups.
- Lunch and afternoon snacks are provided each day. You are welcome to send lunch/snacks as well if your camper does not like what is being served for lunch.
- Rest time: Campers will have at least a 45 minute rest time.
- Swimming: Swim lessons are 30 minutes per group in the bigger pool on Monday, Wednesday and Friday. Free swim in the wading pool is on Tuesday and Thursday mornings for 30 minutes per group.



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## Drop off:

- During before care: 7:30 am - 8:20 am Parents will park in the big parking lot and walk campers to the building- Camp Staff will meet you at the CSJCC front desk.
- Camp Hours: 8:20 am - 8:45 am Park in the big parking lot and walk campers to their group in the circle drive grass area. Example: 3-K Camps congregate around the benches at the main entrance of the CSJCC.
- After camp starts: after 8:45 am: Park in the big parking lot and walk your camper to the building. The front desk will walkie talkie a camp staff member to meet you. Camp staff members will walk your camper to their group.

## Pick up:

- Before 4:20 pm Park in the big parking lot and walk to the CSJCC front desk. The front desk will walkie talkie a camp staff member to bring your camper to the front desk.
- 4:20 - 4:45 pm Campers will be in front of CSJCC in the circle drive grass area- parents will park in the big parking lot and walk to pick up campers. Staff will have the name of the group on the clipboard and will be located in the same location as the morning drop-off.
- After Care: 4:45 - 6:00 pm Park in the big parking lot, walk to CSJCC front door- camp staff uses walkie talkie to contact the aftercare staff for your camper to come up front.

## Important Notes:

A day at Camp Shalom involves a variety of activities. It is suggested that campers wear clothes that are comfortable and enable them to participate in all activities. It is important to dress your child appropriately for the weather every day.

Remember that camp is a place to play, have fun, and interact with the environment, so please make sure your camper has clothes that will not be damaged if stained. It is essential that all clothing and belongings be labeled with your child's full name. Please do not send any valuables to Camp Shalom with your camper, as they may be lost or damaged.  
CAMP SHALOM CANNOT BE RESPONSIBLE FOR LOST OR DAMAGED GOODS.

## Example Schedule:

8:30 Drop off  
8:40-9:10 Open Centers  
9:15-10:15 Theme Lesson & Playground time  
10:30-11:15 Swim Lesson & Free Swim  
*Change into dry clothes*  
11:30-12:30 Lunch & Free Read  
12:30-1:15 Gym time  
1:15-2:15 Storytime & rest  
2:15 Snack  
2:30-2:45 Theme activity  
2:45-3 Playground or Sports time  
3-4 Theme Centers or Art Projects  
4:00-4:20 Storytime and Clean Up  
4:20-4:40 Pick up



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Early Bird Discount- \$25/Week, register before May 1st

CSJCC Member Discount- \$25/Week

Camp Hours: 8:30am-4:30pm

**Register Online [www.csjcc.org/camp-shalom](http://www.csjcc.org/camp-shalom)**

<b>Week</b>	<b>Dates</b>	<b>Camp Theme</b>	<b>Price</b>
1	May 27-30	Camp Shalom	\$280
2	June 3-6 ( <i>closed 6/2</i> )	Catch A Wave	\$280
3	June 9-13	Under The Sea	\$350
4	June 16-20	Dinosaurs	\$350
5	June 23-27	The Mighty Jungle	\$350
6	June 30 - July 3 ( <i>closed on 7/4</i> )	Camp Shalom	\$280
7	July 7-11	Enchanted and Knights	\$350
8	July 14-18	Winter Wonderland	\$350
9	July 21-25	Summer Olympics	\$350
10	July 28 - August 1	Camp Shalom	\$350

Before care: starts at 7:30am— \$30/week; After care: ends at 6pm— \$35/week

All campers MUST be potty-trained and be 3 years old by first day of camp.

Campers will be divided into groups based on age/grade.



## **LUNCH MENU FOR 3 - KINDERGARTEN**

### **Each day campers get:**

1 main dish, 1 side option, 2 fruit/veggie options, 1 drink

**Side Options:** BBQ or plain chips, fries

**Fruit Options:** oranges, strawberries, cantaloupe, watermelon, pineapple, blueberries

**Veggie Options:** carrots, cucumbers, tomatoes, lettuce, mixed veggies

### **Main Dishes:**

**Monday:** 2 slices cheese pizza

**Tuesday:** kosher hotdog

**Wednesday:** grilled cheese

**Thursday:** kosher hotdog

**Friday:** 2 slices cheese pizza

**For more information or questions, contact the  
Camp Shalom Office at 918-495-1111 x250**