

# CONTENTS

October 2024 ELUL/TISHRI 5784/85 VOLUME 96 | NUMBER 10

- 5 Director's Corner
- 6 Jewish Federation of Tulsa Upcoming Events
- 8 Memory and 10/7 by Rabbi Daniel S. Kaiman
- 9 October Holiday Hours and Closings
- Reflections on My First Year in Tulsa by Shahaf Feinkuchen
- 12 Charles Schusterman Jewish Community Center Upcoming Events
- 15 Knowledge Is Power by Sandy Sloan
- 16 The Sherwin Miller Museum of Jewish Art Events and Exhibitions
- 17 The Sherwin Museum of Jewish Art Gala
- 18 Critical Moments in History: Kristallnacht Prelude to Destruction by Dr. Henry F. Knight
- 21 Chag Sameach from Mizel JCDS by Amanda Anderson
- 22 Zarrow Pointe
- **24** It All Begins with Words by Nancy Pettus
- **26** History of the Bar and Bat Mitzvah® by Phil Goldfarb
- 30 Simcha
- 32 Congregation B'nai Emunah Events Calendar
- 33 The Season Ahead by Rabbi Daniel S. Kaiman
- 36 Temple Israel Events Calendar
- 37 Sukkot: A Time for Welcoming by Lesley Bumgarner

## This Month's Advertisers

This publication is brought to you each month thanks to the support of our advertisers. Please be sure to use their products and services and mention that you found them in the Tulsa Jewish

Circle Cinema circlecinema.org

Coral Pools coralpoolsupplies.com

The Eye Institute eyeinst.com

Fitzgerald Funeral Service fitzgeraldfuneralservice.com

Great Plains Recovery greatplainsrecoverycenter.com

Holland Hall hollandhall.org

JT Enterprises 918.951.1618

Karen Watt Grimes K-Grimes.kw.com

Lithaprint lithaprint.com

Magen David Adom afmda.org

Plost Dental plostdental.com

Saint Francis Health Systems saintfrancis.com/urgentcare

## Jewish New Year Calendars are in!



Pick up

your complimentary copy at the
Jewish Federation of Tulsa front desk

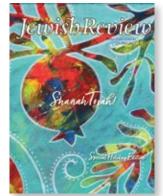


Founded in 1930 by Tulsa Section, National Council of **Jewish Women** 

IEWISH FEDERATION OF TULSA

#### STAFF

#### Front Cover



Shanah Tovah! Special holiday edition Credit: Stylized acrylic painting of pomegranate on a branch by @bilhagolan

## JEWISH FEDERATION OF TULSA

#### MISSION:

The mission of the Jewish Federation is to preserve and enhance Jewish life and well-being in Eastern Oklahoma, Israel, and the entire world. The mission is being addressed by pursuing charitable, humanitarian, cultural, educational, health, and social service needs of the Jewish community as well as by engaging in community relations, outreach, and providing a variety of services to the broader Tulsa community. The Jewish Federation supports the Charles Schusterman Jewish Community Center, The Sherwin Miller Museum of Jewish Art, and Mizel Jewish Community Day School.

#### **VALUES:**

## Kehila - Community

Fostering a connected and collaborative Jewish community, characterized by respect, empathy, and understanding.

#### Tzedek – Justice

Continuously improving the quality of life of all Tulsans, as well as our partners in Israel and abroad, through philanthropic giving of our resources and time.

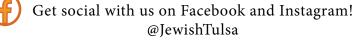
## L'Dor V'Dor -From Generation to Generation

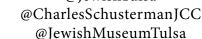
Sustaining the culture, traditions, and collective memory of the Jewish people, through innovative intergenerational programming that is meaningful, educational, and fun.

## **ADVERTISE WITH US!**

This publication is brought to you each month thanks to the support of our advertisers. Contact Advertising Manager, Sarah Howman to become an advertiser! showman@jewishtulsa.org

## FOLLOW US ON SOCIAL MEDIA!





## DIRECTOR'S CORNER

by Joe Roberts, Executive Director

We're fast approaching a year since the fateful day of October 7th, a day etched into the collective memory of the Jewish people. The trauma of that day—the fear, the grief, and the unrelenting uncertainty—has rippled through our global family, leaving a scar on our hearts. For many of us, every day since has felt like an echo of October 7th, a reminder that the challenges we face as a people are far from over. And here in Tulsa, we feel it too.

This month, as we gather to mark the Jewish New Year, Rosh Hashanah, we stand at an inflection point. The past year has been one of mourning, of reflection, and of coming to terms with a stark reality: our future is under threat. But this moment also offers us an opportunity—a chance to redefine what comes next. If the last year has been marked by our trauma, let this year be defined by our unity.

The need for unity in the Jewish community has never been more urgent. Antisemitism has surged to levels not seen in decades, not only in distant corners of the globe but right here in our own neighborhoods. Jewish institutions have been attacked, our symbols of faith and culture desecrated, and our people marginalized in public discourse. This isn't a problem for Jews alone; it's a threat to the very fabric of American society built on the values of pluralism, justice, and dignity for all.

In Tulsa, we too feel the weight of this threat keenly. Our Federation, synagogues, schools, and communal spaces have always been places of refuge and connection, but today, they must also serve as bastions of solidarity. In this moment, the Jewish people cannot afford to be divided by political disagreements, denominational differences, or generational gaps. That which binds us to one another is far greater than what separates us: our shared

This call for unity isn't just a pragmatic plea in the face of danger; it is an imperative. Historically, when the Jewish people have faced existential challenges, it was our unity that saw us through. In the face of Pharaoh's tyranny, our ancestors stood together at the foot of Mount Sinai. In the face of Roman persecution, diaspora communities preserved the essence of Jewish life across continents. And in the aftermath of the horrors of the Holocaust, Jews from across the world came together to build the modern state of Israel, a symbol of our resilience.

history, our shared values, and our shared future as a people.

"Let this new year be a time to unite around a common vision of safety, strength, and flourishing for all Jews, here in Tulsa and beyond."

Unity is not about uniformity, but rather embracing our diversity while recognizing our common cause. In our differences, there is strength. Reform Jews and Orthodox Jews, Ashkenazi and Sephardi, young and old—we all have a role to play in shaping the future of our people. As Rosh Hashanah calls us to reflect on our personal and communal paths, we must ask ourselves: what kind of Jewish future do we want to create?

The answer must be one that centers on collective responsibility and shared purpose. We are a people of vision and resilience, but more than that, we are a people of hope. Let this new year be a time to unite around a common vision of safety, strength, and flourishing for all Jews, here in Shanah Tovah!
Joe, Marielle, Michael,
and Reuben Roberts Tulsa and beyond. Let us stand together against the forces of hate that seek to divide us, and let us affirm our commitment to one another and to the values that have sustained us for millennia. Your Federation will be here to make that vision manifest.

We cannot control what challenges the coming year may bring (and it will compassion, and above all, with unity.

bring challenges) but we can control how we face them: with courage, with

## **UPCOMING EVENTS**



# A Story of Survival and Strength | Thursday, October 10 6 pm | Jewish Federation of Tulsa

All are welcome to this community event commemorating the one-year mark of the October 7th massacre. We are honored to host Sagi Gabay, a 28-year-old survivor of the Nova Festival, from the organization Faces of October 7th. Sagi will share his terrifying story of narrowly surviving the massacre. We will leave with the responsibility of bearing witness and sharing his story with others. Following his story, we will stand together against antisemitism and in solidarity with the survivors and their stories in a post-program ceremony to commemorate the lives lost and those who continue to fight for all hostages to be brought home. RSVP required.

RSVP: JewishTulsa.org/israel-story



# JMom's Sukkot | Tuesday, October 22 | 7 pm | Congregation B'nai Emunah

Join us for a special J Mom's program, "Taste of Tradition: A 7 Species Journey for Sukkot," in Congregation B'nai Emunah's Sukkah. We'll enjoy a spread of 7 species of Israel—wheat, barley, grapes, figs, pomegranates, olives, and dates—while learning about their significance in the Jewish tradition. Cost is \$10/person. JMoms is a group for moms with children 18 years old and younger, raising them Jewishly.

RSVP: JewishTulsa.org/jmoms-sukkot



#### Israel and the US Elections - Where Do We Go From Here? Sunday, November 3 | 12 pm | Jewish Federation of Tulsa

Join us for this relevant talk about the upcoming elections from an Israeli perspective. How do Israelis see USA-Israel relations? What are the possible effects of the elections on Israel and the current war? We will hear from Dr. Hadas Cohen, visiting assistant professor in the history department at the University of Oklahoma, where she also serves as an Israel Institute Teaching Fellow. She holds a PhD in political science from the New School University and a Master's in Human Rights and International Affairs from Columbia University. Lunch is included

RSVP: JewishTulsa.org/elections



To RSVP for ALL Events visit: JewishTulsa.org/event



# Echoes of October 7<sup>th</sup>: 5 A Journey of Remembrance

# October 7, 2024



Yizkor (Memorial) Service for Victims of 10/7

Monday, October 7, 7:00 pm at The Synagogue | Congregation B'nai Emunah

Includes readings, songs, music, and recitation of names of those we remember.

All are welcome.

Advance RSVP is appreciated at tulsagogue.com

## October 10, 2024



A Story of Survival and Strength

Thursday, October 10, 6:00 pm at Jewish Federation of Tulsa

Guest speaker, Nova Festival Survivor.

Post-program ceremony to commemorate the lives lost and all hostages.

For security reasons, RSVP is required and photo IDs will be checked.

RSVP: JewishTulsa.org/israel-story







# Echoes of Silence: Trauma and Resilience in the Face of Terror Monday, November 4 | 6 pm | Circle Cinema

Join us for a powerful evening featuring *Screams Before Silence*, a documentary film led by Sheryl Sandberg. This harrowing film explores the brutal sexual violence perpetrated by Hamas during the attack on Israel on October 7th, focusing on the massacre at the Nova Festival and the abductions to Gaza. Following the film, we will dive into a conversation with local professionals, discussing trauma, exploring its lingering effects, and the resilience required to heal. The evening will conclude with a first-hand account from a young woman who survived the Nova Festival massacre, offering a raw and personal perspective on terror and survival. Doors at 6, film begins at 6:30. Cost is \$5 and attendance is limited.

RSVP: JewishTulsa.org/silence

## MEMORY AND 10/7

by Rabbi Daniel S. Kaiman

sually, the celebration of Simchat Torah marks the completion of the High Holiday experience. It's a moment of relief, exhale, and joy as Jewish communities prepare to enter the more regular rhythms of life. Of course, the end of the High Holiday season was different this past year. There was no letdown, no relief, no exhale. The final day of our last High Holiday season was October 7, 2024.

On that day, we witnessed brutality with our own eyes. No day in Israel's history has seen such bloodshed. No day since the Holocaust has our collective Jewishness been under such assault. Young people were dancing at a music festival. Kibbutznik peace activist grandmothers were hosting their grandchildren for the weekend. Young families were waking up to holiday celebrations with their kids. On a day that was supposed to mark the completion of a season of celebration, evil actors brutalized others for their Jewishness. We witnessed murder and hostagetaking at a scale and scope many of us could not have imagined.

In the months that have ensued, the layers of how others saw this moment have led to complex, uncomfortable, and scary realities for Jewish people all over the world. On college campuses, in our workplaces, and in our neighborhoods, Jewishness itself, alongside Zionism and Israel, has felt challenged, under threat, and shaken. We have prayed for the safety of soldiers, begged for the release of hostages, and advocated for political solutions that

would bring an end to the conflict and distress in Israel and Gaza.

As we approach the first anniversary of this horrific day, many have important ideas about how to mark the moment. Locally and globally, we will all have choices to make. There is a place for political responses, documentary screenings, and listening to the testimony of our survivors. Several of these options will be available right here in Tulsa.

But I want to suggest one more action which roots itself in the traditions of our people. Yizkor, the act of remembrance, is a ritual moment to mark the passing of those closest to us. Four times a year, we gather to call to mind most readily the names, experiences, and lives of those no longer with us. This year, we will add a fifth moment for Yizkor, communal mourning, and it will take place on 10/7 at 7:00 p.m. at The Synagogue. In this moment of gathering, we will turn to the practices of those who came before us in reciting words, poetry, and music, which evoke the feelings that swirl around us. We will read the names of those lost to us on 10/7, marking the date of significance Jewishly.

Indeed, there has been no letdown since the horrors which unfolded a year ago. We remain swimming in a new reality. However, by turning to the actions of our tradition, one hope is that we can, like those before us, figure out a way to keep moving forward. Let us hope for peace, let us hope for release, let us hope for safety for all.





# L'SHANA

TOVA!

#### This year may we commit to:

- Caring for and protecting our neighbors and community.
- Learning from our past as we strive to shape a better future for our children, families and future generations.
- Building a vibrant and inclusive Tulsa that promotes health, safety and belonging for all our community members.

Wishing everyone a healthy and happy new year!

Lynn Schusterman, Stacy Schusterman and the team at Schusterman Family Philanthropies



## REFLECTIONS ON MY FIRST YEAR IN TULSA

by Shahaf Feinkuchen, Israel Emissary

he cliché says that time flies by...and I feel this is true for my first year as your shaliach. It is hard to believe it has been one year since Hadas and I arrived in Tulsa and stepped off the plane to arrive at our apartment in the middle of the night. On the other hand, there have been so many programs, experiences, events, and community gatherings it often feels like we have lived here for several years.

Just a few weeks after we arrived in Tulsa, on Oct 7, 2023, Israel was brutally attacked by Hamas. This attack changed the trajectory of Israeli and Jewish lives, and also the focus of my position and mission here. Together with partners and community members, both in and outside of our community, I worked to ensure we told the Israeli stories and supported Israel in every way we could. From our community-wide Solidarity event with the mayor, other elected officials, and interfaith leaders, to giving numerous media interviews, college and high school talks (ORU, NSU, Cascia Hall High School,

Monte Cassino High School), church visits, hostage awareness programs, a survivors' visit in December, a talk to local law enforcement officers, to fundraising campaigns, and much more. Unfortunately, war is still going on in Israel, and hostages are still held in Gaza. I will continue to keep fighting for Israel and educating against antisemitism—together with you and your support.

I worked alongside the Israel Engagement Committee (IEC), to keep educating about Israel and Israeli society and find reasons to be proud and celebrate while dealing with the crisis. We arranged a series of talks with Israeli speakers called Colors of Israel, illuminating less-known Israeli stories. I enjoyed teaching a spoken Hebrew course for adults of all ages building a connection through language and Krav-Maga classes (self-defense) creating a connection through sports and movement. One of the year's

Yom HaZikaron with guest IDF soldiers



Teaching Krav Maga at Israeli Outdoor Adventure Camp.

Yom Ha'Azmaut

#### (Continued)

highlights was the Israeli Yoms (Yom HaZikaron and Yom Ha'Azmaut) in May. We mourned and celebrated together as a community for Israel and hosted two active-duty IDF soldiers for a week. It was an empowering experience that showed me once again the power and support of this community, and its strong connections, love, and empathy for Israel.

In my work as shaliach, I am privileged to program for different audiences and age groups in our community. Every audience is different and unique, but I must admit the age range I enjoy working with the most are children and teenagers. I had the privilege to visit and contribute to both Sunday schools, Mizel JCDS, and teach two courses at Midrasha (Jewish High School program) building connections with younger generations, weaving more experiential Israel educational opportunities into their curriculums, and

having fun! I loved joining the staff of Camp Shalom this summer to lead weekly Shabbat's and teach a new camp called Israeli Outdoor Adventure. Camp Shalom was a special experience for me personally and professionally, watching the children and their counselors grow, learn, and develop friendships in the world they created over the summer. I can't wait for next year!

Moving across the globe to a new home, community, and position is a big change. Making that change while trying to achieve professional and personal goals, all within 2-3 years is a challenge. I can happily say that Hadas and I feel like we've met the challenge up to this point, and are looking forward to continuing to make a positive impact on our new community this next year. We feel welcomed, loved, and supported, and we thank you! I hope to see you soon. Shana Tova!



# WAL TOB Kickoff Walk October 1 | 9:45 am

## **UPCOMING EVENTS**

# Fitness Challenge: Walk-Tober | Tuesday, October 1 9:45 am | Jeanette Altman Frieden Sports Complex

This month we are focusing on the power of walking. Walking regularly can benefit your cardiovascular fitness, help maintain a healthy body weight, and help fight heart disease and many other conditions. For every 5 miles you walk in October, you will place a footprint on the wall by your name. Every 2000 steps is a mile! Sign up at the fitness desk and we will add your name to the wall. Kick off the challenge by walking the CSJCC track with us on October 1. Prize includes a gift card for new fitness gear including walking shoes!



#### Ladies Pickleball Round Robin Play | Wednesday October 9 | 1 – 3 pm | Gym

All CSJCC pickleball ladies are welcome to participate in our 2nd Annual Ladies PB Round Robin Play for FUN. Join us in some fun play while enjoying the company of your lady pickleball community and meeting new friends. Contact Benny Ortiz with questions and to sign up at bortiz@jewishtulsa.org or 918-935-3681. We hope to see you there!



#### Fall Hiking Series | Thursday, October 10 | 10:30 am | Keystone Ancient Forest

The second hike of our 3-part Fall Hiking Series takes us back to the Keystone Ancient Forest. For this hike, you can choose from either a short 1-mile or longer 3-mile hike. Park in the main parking lot and meet at the Trail Map directly outside the Visitors Center. Please bring water and wear proper hiking attire with sturdy walking/hiking shoes.

RSVP: csjcc.org/hiking-oct



#### Wellness Series: Oxford HealthCare Blood Pressure Clinic and Presentation | Wednesday, October 30 | 10:30 am Dan Room @ CSJCC

Oxford HealthCare will be on site for an educational program on blood pressure. Blood pressure is the amount of force your blood uses to get through your arteries. Presenter Jaclyn Solomon, Certified Occupational Therapy Assistant-Licensed will teach us the importance of keeping your blood pressure in a healthy range and provide free blood pressure checks for all participants.

RSVP: csjcc.org/wellness-oct30

To RSVP for ALL Events visit: csjcc.org/events

## **EFFECTIVE SEPT. 1ST:**

We are now offering affordable rates for Young Adults to join our fitness community!

#### A SINGLE YOUNG ADULT (18-35 YRS.)

membership is only \$35 per month or \$420 per year.

#### YOUNG ADULT COUPLES

membership only \$45 per month or \$540 per year.

#### STUDENT RATES (16-25 YRS.)

membership only \$25 per month or \$300 per year.



csjcc.org/memberships

## MEMBERSHIP:

Refer a friend(s) and receive a \$25 QT card—good for gas or when you have the munchies!!





## // TUESDAYS & THURSDAYS AT 6PM //

Hatha Yoga is the physical practice of yoga. These classes will guide you through movement that develops strength, flexibility, and your personal connection between, body, mind, and breath. The class focuses on deepening your understanding of the postures and basic alignment in the body, breathing, and relaxation techniques.

**Recommended Props:** mat, blocks, strap, blanket (mats available at CSJCC if needed).

Hatha yoga is designed for mixed-level participants, all levels are welcome.

Happy and Healthy Holidays. Lisa and Phil Goldfarb

L'Shanah Tovah! The Silberg Family

L'Ghanah Tovah!
The Stolper Family

L'Shanah Tovah! Michael and Maura Pollak & Family

Wishing you good health and happiness! Mickey and Jane Katz

> L'Shanah Tovah! Betty & Ed Sherman

Happy New Year!
Terry, Andy, and
Lisa Marcum

Shanah Tovah!

Irene Burnstein
Teri Burnstein
Dan Burnstein and Martin Martinez
Rob and Kim Coretz
Adam and Sara Coretz
Mindy Coretz and Nicole Mooring
Ryan and Courtney Coretz
Tyler, Amy, Sasha, and Daniel Coretz
Justin, Ariella, Annabelle, and
Kenzie Mason

## KNOWLEDGE IS POWER

by Sandy Sloan, Editor Tulsa Jewish Review

n March, the Jewish Federation of Tulsa's
Maimonides Society presented an important
program to educate our community on the BRCA
gene mutation. Spearheaded by a group of committed
individuals, Dr. Jill Wenger, Dr. Janis Finer, and Terry
Marcum, and our community sponsor, Ascension St.
John Medical Center, the program brought together over
100 community members of various ages and genders
to arm themselves with the knowledge to act with
preventative cancer and reproductive health screening.

Melanie Hardy, MS, CGC, Director of Genetic Counseling, J Screen, Emory University spoke about how common hereditary cancers are, especially in the Ashkenazi Jewish population where the incidence of BRCA alone is 1 in 40 of all men and women, compared to 1 in 400 in the general population. It is estimated that one out of every 20 breast cancers are BRCA related. Even more important is that for every person who carries the mutation, there are at least several untested and undiagnosed family members who remain at risk. By undergoing screening and finding a healthy individual who carries the mutation, it is a priceless opportunity for individuals to profoundly impact the health and life of themselves and their family members.

Genetic screening includes cancer screening for colon, leukemia, lymphoma, pancreatic, brain, and kidney cancer, among others. There are now over 70 inherited cancer mutations that can be identified with early screening, accounting for 40 different cancer-related diseases.

Thanks to Congregation B'nai Emunah and Temple Israel sisterhoods, the individuals who attended the event, received \$50 off both genetic and reproductive cancer screening through JScreen. Since the program in March, 18 community members have taken advantage of the discounted screening. Four individuals ordered reproductive carrier screens and 14 others ordered cancer genetic test screens. Here are some highlights:

- Of the four who received reproductive carrier screening, three were positive for at least one gene or the panel. This 75% positive rate is consistent with what we often see for carriers.
- Of the 14 who received cancer genetic testing, three were positive for at least one gene on our panel.

 This amounts to 21% who tested positive for a mutation. On average, at JScreen, approximately 15% test positive.

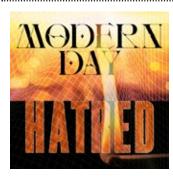
When one person receives genetic screening, there is often a ripple effect on other members of the same family. After the BRCA Program in March, one woman reached out to JScreen for testing due to her family history of breast and brain cancer as well as melanoma. She was found to be positive for PMS2 – a gene associated with Lynch syndrome, which increases the risks for colon, uterine, ovarian, other gastrointestinal cancers. Her genetic counselor suggested she speak with her doctors about receiving the appropriate testing including colonoscopy, upper endoscopy, and mammogram. When JScreen's genetic counselor checked back with her two weeks later, the woman inquired about her sister getting both the cancer genetic testing and the reproductive carrier screening. Her nephew has had an unexplained illness and the testing was expected to take months for the results. The woman sent this note to JScreen, "Thank you SO much. They (the doctors) will order the tests tonight and hopefully it may give them some insight on carrier status, as well as other information. My sister was so happy to hear this. I truly can't thank you enough."

A grandmother and her husband attended the program and the woman, who did not have a strong family history of cancer, decided to get tested after hearing the stories shared that day. Her tests revealed that she was positive for NTHL1, a recessive condition related to colonic adenomas. Just knowing that she is at an increased risk made it easier for her to do the appropriate testing thereby lowering her risk for cancer.

Although many primary care doctors are not yet educated on the importance of genetic cancer screening, it is important to discuss this and alert them to your concerns. It will also help other family members that they may be at an increased risk for cancer. Early screening can help you decide whether an inherited health condition may affect you, your child, or another family member. Early screening can be life-saving!

For more information on JScreen, visit: jscreen.org.

## **CURRENT EXHIBITIONS**



#### Modern Day Hatred | September 19 - February 27, 2025

When World War II ended and Nazi concentration camps were liberated, the world made a promise of never again. Never again to Jewish people and all other genocides. Yet the hatred that sparked the Holocaust has existed throughout history and continues to this day. Inspired by the opening section of the Sanditen/Kaiser Holocaust Center, *Modern Day Hatred* examines how racism, antisemitism, homophobia, and other forms of hate have manifested in Oklahoma from the past to the present. By using the Holocaust as a case study, we emphasize the principle of "never again" for all persecuted people. The exhibition focuses on the historic events of Kristallnacht, the Tulsa Race Massacre, and the Osage murders of the 1920s, as well as the ongoing global responses to them. Featuring objects from the SMMJA, images from the Tulsa Historical Society, and items that survived the Race Massacre, viewers will learn about hate groups in Oklahoma and the efforts of local organizations to combat them. Special thanks to Greenwood Rising and the Tulsa Historical Society for their assistance.



## Beyond the Mold: Unpacking Ken Doll's Evolution Through November 3

This captivating museum exhibit traces Ken's transformation from his debut in 1961 to the present day, showcasing vintage Ken, Brad, Allan, and other male dolls in Mattel's Barbie universe. Discover the intersection of queer culture and fashion as reflected in Ken's evolving style, and explore the profound influence of the gay rights movement on his representation. Additionally, witness the significant role the Jewish community played locally and nationally in responding to the HIV/AIDS crisis, while learning about the doll's namesake, Kenneth Handler, and his untimely death from the virus. This exhibit is a continued partnership with the Vintage Barbie Museum with support from the Center for Queer Prairie Studies and Tulsa Artist Fellowship.



## Shrine to the Feminine | Through November 21

Shrine to the Feminine is a vividly colorful celebration of the feminine as represented by artists Dave and Ruth Lebow. Ruth Lebow, of blessed memory, was an important member of our Tulsa Jewish community. She was also an artist. Her son Dave, born and raised in Tulsa, followed in her footsteps. Now residing in Los Angeles and working in animation, Dave's work is both imaginative and often whimsical. His work has been commissioned for film and television productions such as Dexter, Life in Pieces, Medium, Future Man, and Mosquito State. In this exhibition, paired with his mother's work, we see Dave's evolution as an artist and his celebration of the female form and feminine power.

Warning: This exhibition contains provocative imagery intended for adult audiences 18 and older.





## CRITICAL MOMENTS IN HISTORY: KRISTALLNACHT - PRELUDE TO DESTRUCTION<sup>1</sup>

by Dr. Henry F. Knight, Council for Holocaust Education

s important as they may be, critical moments in our lives and in the lives of others are not usually known until after they occur. And most typically, we don't know how critical they are until other events have followed and we can see a pattern or the impact that has shaped the world that followed.

In the case of the Holocaust, there were important factors that took place in Germany as its democratic structures fractured and were manipulated to galvanize power, restrict rights, and restructure society. Then it was too late for internal correction. The collapse of Germany's democracy led to a new world separating those who counted from those who did not. And violence became a means of control by the powerful while those without power became pawns in a frightening game of societal chess. Worse still, many more, already targets of the scapegoating logic of antisemitism, became victims in a world that those in power constructed.

Those who study history, like those who teach it, know that attending to history matters. And attending to difficult history may matter even more, especially if it teaches us to recognize critical moments in our present and unfolding circumstances. In the development of the Holocaust, Kristallnacht was one of those critical moments. But by the time it happened, it was almost too late. The power of protest and political responsibility had, by that time in Germany's history, been given to those who exploited their power and targeted minorities, most particularly Jews. They were the obvious scapegoats to use and abuse. And before long, the democracy that was used and abused to gain power was gone.

Democracy is not magic. It requires work and vigilance, responsible care, and wise exercise of its shared power to protect and guide those who share it. In the study of the Holocaust, we are reminded that what happened in Nazi Germany was a consequence—in part—of the collapse and loss of a vibrant, democratic culture. A critical fuel to that collapse was the negative energy of antisemitic hatred that fed the scapegoating energies that were used to isolate and blame Jews and Judaism for the various problems that German culture faced.

That evolving reality was not inevitable. There were critical moments in its development that could have been recognized and addressed if people had learned about the scapegoating dynamics of blame embedded

in their own histories and in the social worlds they inhabited with others. For the church-going cultures of early 19th century Germany, that introspective look in the mirror should have been an essential part of its confessional life. Sadly, it was not. Instead, blame and targeting found religious and mythic grounds for the scapegoating it ostensively deplored. And opportunities to confront that poison were missed.

There was, of course, the resistance of the Confessional Church led by figures like Dietrich Bonhoeffer, but even they failed to grasp the depth of the embedded scapegoating in scripture as well as in trusted church teachings. That history reminds me, as an ordained representative of the Christian faith, to look very carefully in the mirror of history with a willingness to recognize ways in which the world I cherish can exclude and target others.

Holocaust education is an important way of looking in the mirror, particularly for non-Jews like me who have been raised to respect others and practice my faith as responsibly as I can. Like good historical encounters with my own history as a white child of the deep American South, Holocaust education is an opportunity to learn about a discomforting history and key moments in that history—threshold times and turning points. While there were moments before *Kristallnacht*,



Onlookers view shattered windows from a Jewish owned business (Getty Images)



Synagogue ruins (History.com)

#### (Continued)

the Night of Broken Glass was a threshold moment in which German Christians failed to face what they had allowed—even abetted in their own historical evolution.

We cannot undo what happened. But we can learn from it. Indeed, we must. We must learn to look as thoughtfully and responsibly as we can in the historical mirrors that help us see how we see, how we view and treat others, and how we shape the worlds in which we dwell and live with others.

In commemorative occasions like those focused on November 9 -11, 1938, we remember a difficult and troubling moment in history that signals the horror that follows. We remember such an event to remind us that history did not have to unfold the way it did. A different

outcome was dependent on those who were not victims interrupting the prejudice, interrupting the violence, and declaring with their interruption that something was seriously wrong. We must treat everyone with respect. Everyone—even those whose identity may challenge us to rethink our own. Even then, especially then.

Instead, worse followed. Much worse . . . And so, we choose to remember knowing that more is required than just remembering.

<sup>1</sup> Martin Gilbert, Kristallnacht: Prelude to Destruction (New York: Harper Collins, 2006) Gilbert's text is an excellent introduction and general orientation to the significance of Kristallnacht in the evolution of the Holocaust.



L'Ghanah Tovah!

Bob and Gloria

Estlin

Wishing You Peace and Happiness! Itzik Levin & Donnie Suter-Levin Isrella Taxon
Mindy & Harris Prescott
Rachel, Jon, & Jack Cooper
Alex Prescott,
Ari Prescott, Jai Retter, &
Esti Prescott

## CHAG SAMEACH FROM MIZEL JCDS

by Amanda Anderson, Executive Director, Mizel JCDS

s the Jewish New Year approaches, the elementary students at Mizel JCDS eagerly prepare to celebrate Rosh Hashanah with traditions that foster joy and community. The classrooms buzz with excitement as children learn about the significance of apples and honey, symbols of a sweet and prosperous year ahead.

Teachers incorporate hands-on activities to engage students, encouraging them to explore the holiday's themes. In the art room, students create colorful apple prints and honeycomb patterns, showcasing their creativity while understanding the cultural significance. During Hebrew and Judaic Studies, children practice blessings and songs, deepening their connection to the rituals.

A highlight of the celebration is the communal apple and honey tasting. Students gather in a decorated space, each bringing their apple to dip into golden honey. The air fills with laughter and anticipation as they share wishes for a happy and healthy year. This act of sharing reinforces the values of unity and kindness, which are essential to the school's ethos.

Additionally, the school organizes a shofar-blowing session, where students listen to the ancient sounds that call for reflection and renewal. This experience leaves a lasting impression, emphasizing the importance of introspection and growth.

Through these enriching activities, elementary students at Mizel JCDS not only celebrate the Jewish High Holidays but also cultivate a deep appreciation for their heritage and the joy of new beginnings. Shanah Tovah!





Mizel students current and past preparing for the Jewish New Year.





#### FROM:

Rosalie Childs Robert and Dana Douglas Rita Levit Myrna Lubin Harris and Mindy Prescott

Phyllis Raskin

Barbara Sylvan Isrella Taxon

Claire Vincent

Todd Wion

#### HONORING THE MARRIAGE OF:

Mimi Tarrasch and Jim Jakubovitz

#### HONORING THE RECOVERY OF

Jack Cooper

#### IN MEMORY OF:

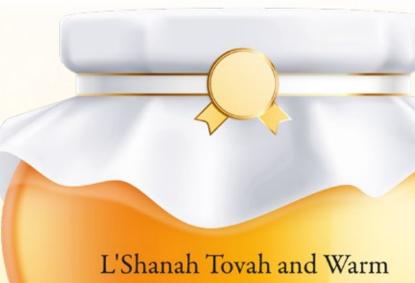
Grace Leiter Bertie Anne Hawthorn Marjorie G. Lubin Gay Wion





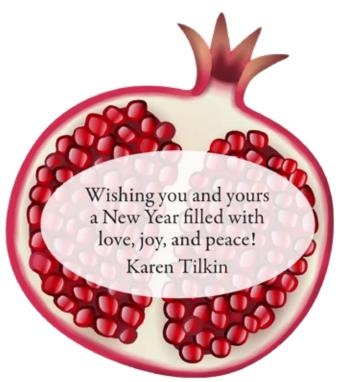
#### BIRTHDAY WISHES TO:

Charlotte Kantor Jan Jankowsky Irene Silberg



Wishes for Sweet Year and Eventual Peace In Israel. The Charney Family







David Dopp





BOULDER AT FOURTEENTH, TULSA, OKLAHOMA 74119

## IT ALL BEGINS WITH WORDS

by Nancy Pettus, SB1671 Professional Development Consultant

id-June 2024 was a busy time for the SB1671 Holocaust Legislation Coalition as it hosted over 150 Oklahoma teachers in four Oklahoma cities. The 2024 Eva K. Unterman Conferences for Holocaust Educators were presented in Enid, Tulsa, Norman, and Lawton in compliance with the recommendations of Senate Bill 1671 making Holocaust Education available to all Oklahoma students grades 6-12. With the expertise of committee members and presenters, the Coalition was once again able to spread its mission: Fight Hate; Respect Diversity; Protect Democracy, and teach these values to future generations through the study of the Holocaust.

Within the one-day free conference, Holocaust experts event. Please keep offering this conference!" in Oklahoma offered experience-based lessons on topics that addressed how words fueled both the worst and noblest deeds during the most horrific genocide in modern history. Participants were separated by discipline with social studies teachers in one room and English language arts and visual arts in another, which allowed a more individualized learning experience for participants. With respect to teachers' busy schedules, presentations were structured to allow easy implementation into classroom curriculums.

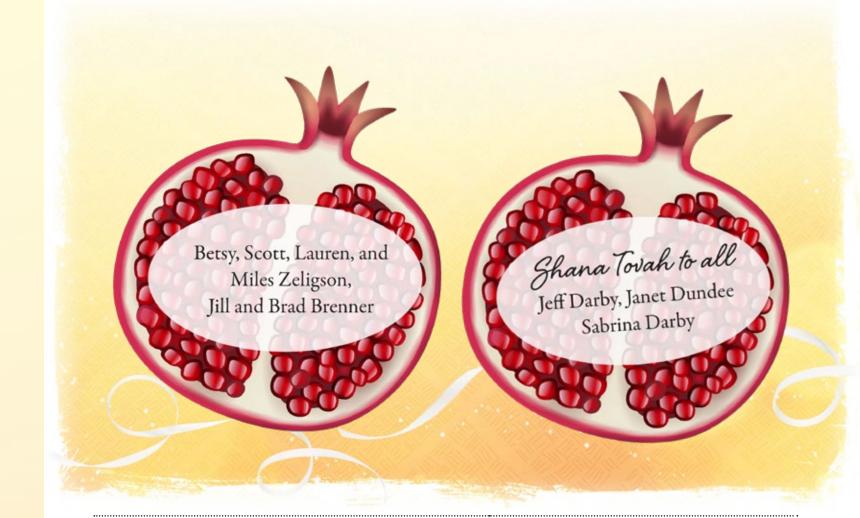
Attendees expressed their appreciation; in particular, a Tulsa teacher commented, "This was EXACTLY what I was hoping for. I have SO many resources and WAYS to teach them."

Charlotte Schuman, the driving force behind the passing of SB 1671 and the creation of the SB1671 Holocaust Legislation Coalition praised the coalition of lawmakers, advocates, and educators whose hard work and commitment provided the opportunity to open a conversation with students on the lessons of the Holocaust to Oklahoma public schools. Further praise came from a Norman teacher's evaluation, "This conference is great at helping educators enhance the classroom and bringing attention to this historical

We will continue equipping and encouraging teachers to use the important lessons of the Holocaust to combat hatred, prejudice, bullying, and fear of the "other"—to promote respect and acceptance in our divided world. Please join us for "Unbroken Spirit: Holocaust Resistance, Rescue, and Resilience", the theme of our 2025 Eva K. Unterman Conferences for Holocaust Educators.



Kamrin Green presenting at the Eva K. Unterman Conferences for Holocaust Educators





Thinking of moving your Mezuzah in the coming year? ~5785~

Let me provide a free **Equity Analysis of** your home!

Karen Watt Grimes 918.861.4331 | K.grimes@kw.com



2621 E 21st St, #100 Tulsa, OK 74114



## ► ANNOUNCEMENT <

The next meeting of the **Israel Engagement Committee** is scheduled on

Tuesday, October 29 at 7 pm

at the Jewish Federation of Tulsa

All are welcome!

For more details, please contact **Shahaf Feinkuchen** at emissary@jewishtulsa.org or 918-495-1100

> **Itzik Levin** at sclvn88@gmail.com or 918-884-9867

#### HISTORY OF THE BAR AND BAT MITZVAH®

by Phil Goldfarb

n Hebrew, the term Bar and Bat Mitzvah literally translates to "son" or "daughter" of the commandment. The young person is now obligated to perform mitzvot (commandments), be held accountable, and follow Jewish laws

Some classic sources identify the age at which children must begin to participate in the ritual of fasting on Yom Kippur as 13 for boys and 12 for girls (Orthodox). The age of b'nai mitzvah roughly coincides with the onset of puberty. In the Bible, a man reached the age of majority at age 20, when he was eligible for war and taxation. In Talmudic times, the age of majority was moved to 13, and in recognition of the son's change in status, the father pronounced a blessing in which he praised God for relieving him of responsibility for his son's conduct. During the Talmudic era and early medieval times, a ceremony made no sense, because a minor was permitted to participate in all religious observances as soon as he was considered mentally fit.

Accountabilities include moral responsibility for one's actions; eligibility to be called to read from the Torah and lead or participate in a minyan; the right to possess personal property and to legally marry on one's own according to Jewish law; the duty to follow the 613 laws of the Torah and keep the halakha; and the capacity to testify as a witness in a beth din (rabbinical court) case.

According to the Mishnah (2nd century C.E.), a boy was ready for bar mitzvah once his father had fulfilled certain obligations. These included circumcising him, entering him into the covenant of Abraham, and teaching him Torah, a craft, how to swim, as well as finding him a bride.

Sometime in the 4th century for the first time, a 13-year-old boy received an Aliyah to the reading desk on the bimah on a given Shabbat to read verses of Torah. After 500 C.E., boys younger than 13 were called for an Aliyah and occasionally laid tefillin so they could learn what they would be required to do upon reaching 13. Until that age, religious practice was voluntary; at 13, the mitzvot became obligatory. The first mention of a party associated with a synagogue bar mitzvah was in the 13th century.

The bar mitzvah ceremony as we know it today did not take its current form until the early Middle Ages. Prior to this period, the concept of "adulthood" was less defined. Families would decide when their son was ready to observe the mitzvot, rather than adhering to a specific age or ceremony. It wasn't until the late Middle Ages that the transition to Jewish adulthood began to be marked with a ceremony or public acknowledgment.

Mordecai ben Hillel used the term "bar mitzvah" for the first time in the 14th century. Prior to this, terms such as "gadol" (adult) or "bar onshin" (one who is accountable

for their own actions) were used. During the later Middle Ages, "laying tefillin" and receiving an Aliyah became the most important features of bar mitzvah. It also became customary for the family to sponsor a party—at home or in the synagogue— following the ceremony. This meant that a boy could be called for an Aliyah or begin wearing tefillin whenever deemed mature enough by his family, with no additional religious responsibilities assigned.

The religious aspect of the bar mitzvah feast was enhanced in Poland, where the drasha (a rabbinic sermon) was introduced. In Poland, the center of Talmudic learning in the 16th and 17th centuries, there were precocious and highly gifted boys of bar mitzvah age who were capable of delivering an original discourse in Talmudic law.

In the 16th century, it was the accepted custom that a boy could not begin to wear tefillin before the day following his 13th birthday. This custom was modified in the 17th century. The boy began wearing tefillin two or three months before he became bar mitzvah, so that by the time he reached his majority he was well acquainted with the practice and rules of laying tefillin. In the 17th century among the German Jews, the young man was dressed in new clothes bought especially for this occasion. On the Sabbath of his bar mitzvah, he chanted the entire Torah portion. If he happened to have a pleasant voice, he also recited all the prayers before the congregation.

Over time, additional elements have been incorporated into the bar mitzvah celebration including community service projects, communal luncheons, and elaborate parties in honor of their child's transition into Jewish adulthood. Despite these additions, the core practices of the bar mitzvah have remained constant, with reading from the Torah and delivering a d'var Torah continuing to be central components of the ceremony.

During the ceremony, the bar or bat mitzvah is called to the bimah for an Aliyah and chants that week's Torah portion. Some also recite a haftarah, a passage from the book of Nevi'im (Prophets), either in addition to a Torah portion or instead of one.

The first known bat mitzvah in U.S. history took place on March 18, 1922 as 13-year-old Judith Kaplan became the first girl to celebrate a bat mitzvah in the U.S. Kaplan, the daughter of Rabbi Mordecai Kaplan, the founder of Reconstructionist Judaism, read from the Torah and recited blessings.

In modern times there is no uniformity in the bar mitzvah celebration. The bar mitzvah may read the entire Torah portion, the maftir (final portion), the haftarah, or some combination of these, and may deliver a drasha, but he would definitely have an Aliyah. Rather than having the



Bar Mitzvah student reading from the Torah

#### (Continued)

father teach the son or daughter as was traditional, most children prepare in religious school or with the help of a private tutor.

In some communities, there is a second opportunity to become bar or bat mitzvah on one's 83rd birthday. The Torah says the average lifespan is 70 years, so some consider an 83-year-old to have turned 13 in their second lifetime. While the party for these second-time b'nai mitzvot is less elaborate, the service traditionally remains the same with an Aliyah, chanting Torah, and a d'var Torah.

Finally...a "bark mitzvah" is a pseudo-traditional observance and celebration of a dog's coming of age, as in the Jewish traditional bar and bat mitzvahs. The term has been in use since 1958, when a Beverly Hills couple held a "bark mitzvah" for their 13-year-old dog, Windy.

Phil Goldfarb is the president of the Jewish Genealogical Society of Tulsa and can be e-mailed at: phil.goldfarb@cox.net.

L'Dor V'Dor (meaning Generation to Generation)
Foundation Announces Worldwide Jewish Event
Calendar. The calendar, called JDays was unveiled at
the International Association of Jewish Genealogical
Societies (IAJGS) Annual Meeting in August and
is the first comprehensive calendar of upcoming
Jewish Family History, Jewish History and Jewish
Heritage events, webinars, seminars, meetings and
programs from around the world. JDays promotes
events and strengthens Jewish identity and continuity.
A free service to post as well as to view, it is a
defining initiative and global resource in Jewish
education, teaching and learning. In addition, to
Jewish Genealogical Societies, they will be asking

other organizations to post and view such as Jewish Museums, Jewish Universities, Universities with Judaic Studies Programs, Jewish Historical Societies, Hillels, Jewish Federations, Chabad's, Jewish Community Centers, Young Jewish Professionals, B'nai Brith, BBYO's, as well as Jewish Fraternities & Sororities. It was a proposal created, initiated, and introduced to the LDVD Foundation by the President of the JGS of Tulsa, Phil Goldfarb that will be going International! Read more including FAQ's at: https://ldvdf.org/jdays. This is a real "game changer" in posting and discovering Jewish educational events 24/7/365 from around the world.













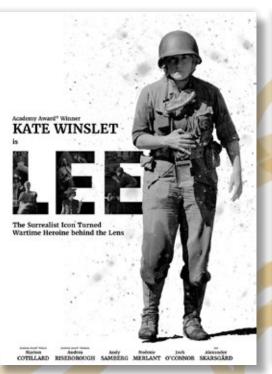
Don't miss all the great Circle Cinema films and events this month, scan the code for up-to-date listings and showtimes.

CircleCinema.org | 918.585.3456 | 10 S. Lewis Ave, 74104





A MAAY MAAA SAVE THE DATE! OKLAHOMA **JEWISH** FILM FESTIVAL MARCH 23-27, 2025







White Bird

10/4 - 10/17

TICKETS & INFO: CircleCinema.org





Please welcome to the world, Jack Stanley Cooper, son of Rachel and Jon Cooper of Astoria, New York, born on July 31, 2024. Grandparents are Mindy and Harris Prescott of Tulsa and Sharon and Stuart Cooper of Whitestone, New York. Great grandmothers are Isrella Taxon of Tulsa and Doris Shinners of Jericho, New York. Mazel Toy!



Roxanne and David Friedland are thrilled to announce the birth of their son, **Judah Neil** Friedland, born on August 27, 2024, weighing 7 pounds 14 ounces. Both Judah and his mother Roxanne are doing well. Judah's big brother, Joseph, is very proud to welcome him into the family! **Mazel Tov!** 



Mazel Tov to Chloe Chappell, Director of Community Relations and Outreach at the Jewish Federation of Tulsa. Chloe has received a professional development scholarship from the Jewish Community Center Association of North America (JCCA) to pursue her master's degree in Antisemitism Studies at Gratz College.

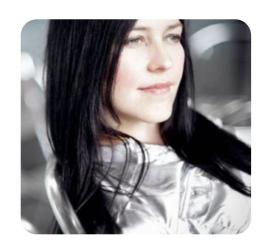


## **CELEBRATE SIMCHAS!**

Share your simchas with the
entire community!
Send us your b'nai mitzvah,
wedding announcement, birth of
a child, graduation, or
other milestone for our "simchas"
section each month.
Send submissions for
the Tulsa Jewish Review
to Sandy Sloan,
sandy@jewishtulsa.org



Mazel Tov to Sarah Winkelman and David Howman on their recent wedding on August 29, 2024. They exchanged vows during a private ceremony at the Black Sand Beach in VÍk, Iceland. The couple celebrated with close family and friends at a reception in Tulsa upon their return. They moved to Tulsa through Tulsa Tomorrow in the summer of 2022, and got engaged on the Jewish Federation of Tulsa's Young Adult trip to Israel in May 2023. They are looking forward to continuing life as a married couple!



Mazel Tov to Jenny Labow for being selected as a featured musician on the new holiday album "A Gift for Tulsa." The album was recorded recently at The Church Studio and will be released on December 11th.



# AS ISRAELIS FIND SOLACE IN THE SOUND OF THE SHOFAR, MDA IS PREPARING FOR THE WAIL OF THE SIREN.

With rising tensions in the Middle East and the accompanying threat to the health and safety of the Israeli people, we can't ensure that this Rosh HaShanah will usher in a peaceful year. But with your generous support, Magen David Adom will be prepared — no matter what 5785 brings.

Donate at afmda.org/give or call 866.632.2763.





#### Rosh Ha-Shanah: Entering the New Year Wednesday, October 2 – Friday, October 4

No tickets, just you. All you have to do is walk through the door. There are no admission requirements of any kind for High Holiday services at Congregation B'nai Emunah. Sit where you like and bring friends who might appreciate a spirited observance of this Jewish New Year. We'll be waiting for you just inside. A variety of services and celebrations highlight the holiday. The daytime services begin at 9:30 a.m. Sermons will be delivered around 11:00 a.m. Music, big ideas, and spending time with community combine to create a powerful way to start the New Year. We hope to see you there. As is now always the case, all programs and services will be available on Zoom for hybrid participation. For a full calendar and detailed description of events visit: tulsagogue.com/ high-holidays

#### October 7 Yikzor Memorial Service Monday, October 7 | 7:00 p.m.

Yizkor is a memorial practice rooted in the habits of Jewish tradition. It is the mechanism through which we always mark the memory of our loved ones. This year, as we approach the anniversary of October 7, The Synagogue will host an additional Yizkor service in memory of those lost as a result of the attacks one year ago. The service will begin at

7:00 p.m. and include readings, songs, music, and the recitation of names of those we remember. As always, The Synagogue appreciates advance notice of your intention to participate through registration. All are welcome to attend.

#### Yom Kippur: Seeking Forgiveness Friday and Saturday, October 11 and 12

Iust like on Rosh Ha-Shanah, all you have to do is walk through the door. There are no admission requirements for High Holiday services at Congregation B'nai Emunah. Sit where you like and bring friends who might appreciate a spirited observance of this holiest day. We look forward to being together. Kol Nidray inaugurates the holiday at 6:30 p.m. on October 11. The following day, daytime services begin at 9:30 a.m. with a sermon and Yizkor taking place around 11:00 a.m. Programming will continue throughout the day culminating in the Neilah closing service at sundown. A community break-the-fast will follow. Come as you are and feel the strength of community. As is always the case, all programs and services will be available on Zoom for hybrid participation. For a complete calendar and detailed description of events, visit tulsagogue.com/ high-holidays.

#### Ancestry in the Ancient Forest: Yizkor Experience Sunday, October 13 | 10:00 a.m.

Gather your extended family and hike the Keystone Ancient Forest in Sand Springs in this unique Yizkor experience. We'll stop along the journey to explore our natural surroundings and learn about our ancestral roots. We'll create family tree art and share stories and memories in guided conversations of our shared family histories, uncovering the similarities and differences that bind our community together.

Shabbat Shalom Music Circle, Sukkot Dinner and Sukkah Sounds Concert

# Friday, October 18, Music Circle | 6:00 p.m., Dinner | 7:00 p.m., Concert | 7:45 p.m.

It's the single most ginormous Sukkah celebration in Oklahoma. We'll gather in the sukkah on the south lawn for an inclusive Sukkot Shabbat Music Circle, Dinner, and Concert. The experience will be supported as always by a gift from Harry and Carol Brouse Windland and Brian Brouse. A joyful Shabbat Sukkot presentation of musical compositions of the season will conclude the evening. No reservation is necessary for the celebration, which begins at 6:00 p.m. But please call the Synagogue Offices or visit our website to make reservations for the 7:00 p.m. dinner. The service will be broadcast live on Zoom at 918 583 7121.

#### Sukkot: The First Days Thursday and Friday, October 17 and 18 | 9:30 a.m.

Sukkot occupies an unparalleled place on the Jewish calendar. It's a great harvest festival; after weeks of introspection, we go outside to celebrate in our beautiful surroundings. Assuming beautiful weather, we will chant services in the sukkah. We'll shake lulav and etrog and connect with the world beyond the confines of a permanent structure. In-person and on Zoom.

#### Refuge in the Sukkah Monday, October 21 | 6:00 p.m.

Our sukkah is temporary because we connect ourselves to the experience of fragility and impermanence. These are notions well known to refugees throughout generations who have had to flee one home in search of another. This year on Sukkot, we're highlighting the work of our Refugee Resettlement department with a dinner and program held inside our sukkah. Our meal will feature foods from the various populations we have worked with over the past year. From Ukraine to Afghanistan, Myanmar to Syria, and even the Democratic Republic of the Congo, our work and client

## THE SEASON AHEAD

by Rabbi Daniel S. Kaiman

e're about to enter the most intense period of the Jewish year. The rhythms of our calendar invite us into a series of experiences that serve as a platform for our diverse expressions of Jewish identity. As we all know, there's no singular way to be Jewish. What we hope to accomplish in this season is a celebration of the variety of experiences that span the spectrum of our community's identity, preference, and style.

For some, the season will be about participating in the ritual life of The Synagogue. There is music and prayer, poetry and ritual, and time for introspection about ourselves and our relationships with each other

For others, the season is about the social pleasures of being part of a community. It's an opportunity to extend invitations to each other's homes and deepen our relationships through shared commitments.

Still, for another group, the season is about finding a way into the folds of Jewish life. Some are curious onlookers eager to understand their neighbors and friends. Others feel drawn to the messages of our tradition and the wisdom of those who came before us.

Whether this will be your first High Holiday experience or you've been every year of your life, we want everyone to know that we are committed to creating a comfortable place at The Synagogue for all. Welcome takes many forms, and it's a communal task to imagine the experience of others and work to lower barriers and increase inclusion.

I am sure there will be ways we fail at this lofty goal. That's an inevitable reality. But I want you to know that we take relationships seriously at The Synagogue and hope you'll offer us your trust during this holiday season. Trust is especially necessary this year as world Jewry approaches the anniversary of 10/7 and navigates our polarized reality.

NGREGATION B'N

Whether you join us for a meal, a learning session, an outdoor service, or just to hear the sound of the shofar, we hope the season ahead brings meaning and fulfillment. May the year ahead bring more sweetness to us all. Shanah Tovah!

(Continued)

base is diverse and represents the welcoming values we embody as a Synagogue. Join us in recognizing and honoring the work of our Refugee Resettlement program during this special international culinary dinner, as we are reminded that we are all descendants of refugees from somewhere. Please reserve your spot call calling the Synagogue at (918) 583-7121 or visiting our website tulsagogue.

#### Simchat Torah Dinner and Dancing Thursday, October 24 | 5:30 p.m.

We roll from one experience to the next as we celebrate the cycle of Torah learning and the new year with an evening of dinner and dancing. The evening begins with a dinner at 5:30 p.m., lovingly catered by Alin Avitan in the Synagogue Sukkah. No charge for this meal, but please signal your participation through a reservation. At 6:15 p.m. we move into the Kaiser-Miller Auditorium, where music will fill our hearts as we dance together. It's

this inter-generational gathering.

an evening of toys and wonders at

#### Shemini Atzeret Yom Tov Services Thursday and Friday, October 24 and 25 | 9:30 a.m.

The final days of the holiday season bring us back together for the two last mornings of Yom Tov services. Each morning will begin at 9:30 a.m. Yizkor will be chanted at 11:00 a.m. on October 24. On October 25, join us for the traditional finale to B'nai Emunah's holiday celebrations as members and friends gather following services for the annual Simchat Torah Luncheon. The meal is complimentary; however reservations are appreciated. Weather permitting, we will eat for the last time in the sukkah. We thank the Zarrow Families for underwriting this final luncheon of the holiday season.

#### Afternoon/Evening Services Every Wednesday and Friday | 5:30 p.m.

Each week, we gather to experience traditional daily prayer and

establish a quiet space for those mourning a loved one or observing the anniversary of a loss (yahrtzeit). All use these opportunities to recite a communal Mourner's Kaddish. Both gatherings take place in the Synagogue's Davis-Goodall Chapel, with full participation available both in-person and through the Synagogue Zoom Room. We ask that in-person attendees register in advance on our website. Friday gatherings always occur in the Synagogue Zoom Room at 918 583 7121.

#### Shabbat Morning Services Every Saturday | 9:30 a.m.

Each week, we convene on Saturday morning to sing the liturgy of the tradition, study the weekly Torah portion, and spend time amongst family and friends. All are welcome to participate in this experience in person or on Zoom. Members and friends can access the Synagogue Zoom Room at 918 583 7121.



Shana Tova Umetuka to our family and friends.
Merrilee & Chuck Langer

Eye Institute

2000 S. Wheeling, Suite 1010 Tulsa, Oklahoma 74104

t: (918) 584-4433 f: (918) 584-4479 eyeinst.com Marc A. Goldberg, MD
 Cornea & External Disease & Refractive Surgery
 Cataract & Complex Lens Implant Surgery
 General Ophthalmology

- Daniel J. Corbett, MD Cornes & Esternal Disease & Refractive Surgery Cataract & Complex Lens Implant Surgery General Ophthalmology

- Vanessa E. Bennett, OD Optometric Physician



Josef T. Shohat 918.951.1618 jt64@cox.net Residential & Commercial Authorized Armstrong dealer In Business since 1987



Happy New Year!

Sending love and prayers for a peaceful year to come.

Best wishes for good health and happiness.

From the Lederman/Plunkett Family



Esther Morton & Family are proud to introduce Chapter Len Morton

# Celebrate the High Holy Days

2024 6 5785

Tikkun Leil Selichot: Sat 9/28 - 7:30 pm Erev Rosh Hashanah: Wed 10/02 - 7:30 pm Rosh Hashanah Service: Thurs 10/03 - 10:00 am Rosh Hashanah Family Event at the Tulsa Zoo:

Thurs 10/03 - 3:00 pm

Shabbat Shuvah: Fri 10/04 - 6:00 pm

Kever Avot at Rose Hill Cemetery: Sun 10/06 - 10:30 am

Tashlich at Gathering Place: Sun 10/06 - 3:00 pm

Kol Nidre: Fri 10/11 - 7:30 pm Yom Kippur: Sat 10/12 - 10:00 am

Yom Kippur Afternoon Learning: Sat 10/12 - 1:00 pm

Music and Meditation: Sat 10/12 - 2:00 pm Yom Kippur Afternoon Service, Yizkor, and N'eilah

Sat 10/12 - 3:30pm

Yom Kippur Community Break Fast: Sat 10/12 - 6:00pm

Zamru L'Sukkot: Fri 10/18 - 6:00 pm followed by a Congregational Dinner Sippin' in the Sukkah: Sun 10/20 - 4:30 pm Simchat Torah: Wed 10/23 - 6:00 pm



L'Shanah tovah u'metukah May you have a good and sweet New Year!

The Secret Life of Stuff:



Oy! Here's Help!

Declutter and Downsize

#### Lunch and Discussion

with Dee Selby

Temple Israel's Sociable Seniors

November 3, 12:30PM \$13

Zarrow Pointe Bernstein Auditorium

RSVP@templetulsa.com by 10/28

## SUKKOT: A TIME FOR WELCOMING

by Lesley Bumgarner, Director of Congregational Life

ukkot is one of my favorite holidays. Typically, the weather has become cooler, which makes it a pleasure to gather for meals and conversation with friends and family in our Sukkah. Performing the mitzvah of Ushpizim, or welcoming guests, is especially sweet during Sukkot. At Temple Israel, the many opportunities to gather in community under our congregational sukkah are something we look forward

This year Sukkot begins on the evening of Wednesday, October 16th. Our sukkah will be erected by our Brotherhood, decorated by Shorashim families, and will remain standing to welcome you during all eight days of Sukkot. Tables and chairs will remain in place for all who wish to come by to bring and enjoy a picnic lunch during your lunch hour, meet for a cup of your sukkah! coffee, or enjoy an impromptu dinner or glass of wine.

In addition, we have two special events scheduled during Sukkot, and we would love to have you join us! On Friday, October 18th, our Musical Zamru L'Sukkot Shabbat Service will begin at 6:00 pm and will be followed by a Congregational Dinner for all ages under the sukkah. On Sunday October 20th, Sippin' in the Sukkah will take place. Join us as we enjoy a wine tasting experience curated by the experts at Ranch Acres Wine and Spirits. We will taste seven wines from around the world, which will be paired with delicious snacks. This event is for those ages 21 and older. For more information or to RSVP, please contact the Temple Israel office.

We look forward to welcoming you and to enjoying the beautiful Autumn weather together. Our sukkah is



Your Temple Israel clergy, leadership, and staff wish you a healthy and happy New Year!



## **WARREN CLINIC URGENT CARE**

For adults and children with a minor illness or injury, visit one of our convenient Warren Clinic Urgent Care locations across the region.

Learn more at saintfrancis.com/urgentcare.



#### **TULSA**

#### Springer Building

6160 S. Yale Ave. • 918-495-2600

#### Tulsa Hills

7858 S. Olympia Ave. • 918-986-9250

#### South Memorial

10506 S. Memorial Dr. • 918-943-1050

#### **BROKEN ARROW**

#### Elm Place

2950 S. Elm Pl., Ste 120 • 918-451-5191

#### Kenosha

1801 E. Kenosha St. • 918-449-4150

#### **OWASSO**

11610 N. 137th East Ave. • 918-928-4180

#### SAND SPRINGS

102 S. Main St. • 918-246-5750



A part of Saint Francis Health System

#### saintfrancis.com/urgentcare

If you are experiencing severe illness, a major injury, symptoms of a heart attack, stroke or shortness of breath, please call 911 or visit your nearest emergency room.





# NO INSURANCE, NO PROBLEM.

Visit us online for our In-House Membership Plan.

plostdental.com | 918-749-1747 2738 East 51st Street, Suite 120

(Inside the Rich and Cartmill insurance building)





Jewish Federation of Tulsa 2021 East 71st Street Tulsa, OK 74136

