

# TULSA *Jewish Review*

Adar/Nisan 5783  
March 2023



March 26 - 30, 2023

## OKLAHOMA JEWISH FILM FESTIVAL

### 9th EDITION

#### FEATURED FILMS:

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- FAREWELL, MR. HAFFMANN
- ONE MORE STORY
- OUR ALMOST COMPLETELY TRUE STORY
- CINEMA SABAYA
- MISSION OF HOPE & SPACE TORAH





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March 2023  
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[anozick@jewishtulsa.org](mailto:anozick@jewishtulsa.org)

### ADVERTISING MANAGER

HOLLY HUGHES

[hhughes@jewishtulsa.org](mailto:hhughes@jewishtulsa.org)

### COPY EDITOR

SANDY SLOAN

[sandy@jewishtulsa.org](mailto:sandy@jewishtulsa.org)

### COPY EDITOR & LAYOUT

SARAH WINKELMAN

[swinkelman@jewishtulsa.org](mailto:swinkelman@jewishtulsa.org)

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## JEWISH FEDERATION OF TULSA MESSAGE BOARD



### GOT MAZELS?

Have a b'nai mitzvah, wedding announcement, milestone, or accomplishment to share with the community?

Feature it in our "Mazels" section of the Tulsa Jewish Review.

See page 23 for this month's Mazels.

Email Director of Communications Sandy Sloan for submission requirements. [sandy@jewishtulsa.org](mailto:sandy@jewishtulsa.org)



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Subscribe to our online Tulsa Jewish Review list to receive email notifications on new issue releases.

## PEARL SOCIETY'S PERIOD PROJECT

by Sandy Sloan

As the ice melted from the most recent freeze, nearly 50 women gathered—both in-person and virtually—to learn how period poverty affects girls and women locally and within our state. Period poverty refers to inadequate access to menstrual and feminine hygiene products and education.

Four knowledgeable and passionate women spoke about the issue and how their organization is working towards change. Linley Smith and Alicia Lincoln from Period OKC shared their story of handing out period products during the pandemic to women experiencing homelessness in Oklahoma, to starting the state's first nonprofit period pantry. Dr. Chrystal Lewis, Director of Integrated Wellness at Tulsa Public Schools spoke about what is happening around this issue in our local schools as well as addressed mental and societal issues related to menstrual health, and Cassie Celestain shared her story how one Facebook post requesting supplies for her teacher friend turned into the grassroots start-up, Tulsa Period Pantry. Women learned some sobering statistics:

- Period products are taxed in Oklahoma as a "luxury" item.
- 1 in 4 girls or women have missed school or work due to lack of income to afford products.
- In Oklahoma, 1 in 5 women and girls between the ages of 12 and 44 live below the Federal Poverty Line, yet programs such as SNAP, WIC and Medicaid do not cover period products.

The good news is several bills in Oklahoma have been authored to help fight period poverty.

- SB382 – would provide tax credits to groups that give away period products.
- HB2122 – would eliminate sales taxes on period products (28 states do not tax period products).
- SB176 – would require free period supplies in all public-school restrooms (17 states require public schools to provide free products).

Call your representatives and urge them to vote yes on these significant bills supporting women's health.

Our generous community rallied for this important product drive. Donations received at the Jewish Federation, Congregation B'nai Emunah, Temple Israel, and Zarrow Pointe tallied a whopping 13,094 products! Divided by 20, the average number of products used per cycle, the Jewish community product drive supplied 655 cycles! Items were donated to Marshall and McClure Elementary Schools, and Tulsa Period Pantry, serving any local school in need.

Thank you to everyone who donated to this worthy drive! We are a small but mighty community!

If you are wanting to learn more about period poverty and how you can help locally, contact Tulsa Period Pantry, [tulsaperiodpantry@gmail.com](mailto:tulsaperiodpantry@gmail.com). ■



Donated period products

### FRONT COVER



The 9th Edition of the Oklahoma Jewish Film Festival. More details on page 7.

UPCOMING EVENTS



**Israel Town Hall | Thursday, March 2 | 7:00PM | Jewish Federation of Tulsa**

Join us for a discussion about the political climate and current events in Israel. We will focus on the importance of the connection between American Jewry and Israelis and the unity of the Jewish people. Learn about the media coverage within Israel and how American media covers Israeli politics. Hear about the correlation between anti-Israel and antisemitism. We will have an open discussion to address the concerns of community members with shlichah, Chen Shoval.

**RSVP required at [jewishtulsa.org/israeltownhall](http://jewishtulsa.org/israeltownhall)**



**YJP Purim Masquerade Party | Saturday, March 4 | 7:00PM | Rendezvous Room Penthouse**

Chag Purim! Inviting all young Jewish adults of Tulsa to a night of mitzvot, fun, and games! Come dressed in semi-formal attire and optional costumes, ready to eat, drink, and dance the night away celebrating the holiday. This is our annual collaboration between Congregation B'nai Emunah, Jewish Federation of Tulsa, Temple Israel, Tulsa Tomorrow.

**RSVP required at [jewishtulsa.org/yjppurim](http://jewishtulsa.org/yjppurim)**



**Lunch Bunch with Connie Cronley | Wednesday, March 8 | 12:00PM | Jewish Federation of Tulsa**

Author Connie Cronley will talk about her book *A Life on Fire: Oklahoma's Kate Barnard* which has been named the best book of the year by the Oklahoma Historical Society. In addition to the program, we will have her book *A Life on Fire: Oklahoma's Kate Barnard* available for \$20. Book signing included.

There is an optional lunch for purchase of \$13.

**RSVP required by March 6 at [jewishtulsa.org/lbmarch](http://jewishtulsa.org/lbmarch)**



**Learn How to Respond to Antisemitism | Wednesday, March 8 | 7:00PM | Temple Israel**

We invite everyone to learn how to respond to antisemitic and anti-Israel activity, your legal rights, and the statistics behind the extreme increase in antisemitic attacks around the United States. We will hear from special guest speaker, Yael Lerman, founding director of the StandWithUs Saidoff Legal Department.

This is a collaboration between Congregation B'nai Emunah, Jewish Federation of Tulsa, and Temple Israel.

**Register at [jewishtulsa.org/antisemitism](http://jewishtulsa.org/antisemitism)**

UPCOMING EVENTS



**Opening Reception of Rebecca Joskey's "Magenta Yenta" | Thursday, March 16 | 6:00PM | Circle Cinema**

Multi-media artist Rebecca Joskey will display her work "Yenta Magenta" from March 15 – 31. Joskey's multi-media work is intuitive and loaded with fun content and bold colorwork. Meet the artist, enjoy live music and hors d'oeuvres, and learn about the upcoming OKJFF films and events at this opening reception!

**Read more at [jewishtulsa.org/rebeccajoskey](http://jewishtulsa.org/rebeccajoskey)**



**Oklahoma Jewish Film Festival | March 26 - 30 | Circle Cinema | Page 7 for More Information**

Join us for the opening reception for the 9th edition of the Oklahoma Jewish Film Festival at Circle Cinema. A special thank you to our 2023 OKJFF sponsors:

- Charles and Lynn Schusterman Family Philanthropies**
- Jewish Federation of Tulsa Foundation**
- Dave and Barbara Sylvan**
- Brian Brouse**



**Sisterhood Night at OKJFF | Wednesday, March 29 | 5:30PM | Circle Cinema**

A collaborative effort between Congregation B'nai Emunah, Temple Israel, and Jewish Federation presents sisterhood night during the Oklahoma Jewish Film Festival. We will meet at a designated restaurant for dinner, drinks, and sisterhood bonding before the showing of Cinema Sabaya. Dinner at Calaveras Mexican Grill at 5:30PM.

Dinner and movie ticket: \$30

**RSVP and menu at [jewishtulsa.org/sisterhoodokjff](http://jewishtulsa.org/sisterhoodokjff)**

SAVE THE DATES

**Yom HaShoah Commemoration | April 20**

**YJP Israel Trip | April 24 - May 3**

**Yom Ha'Atzmaut Celebration | May 21**

**Lunch Bunch | May 24**

**Please contact Director of Programs Isabella Silberg with any questions. [isilberg@jewishtulsa.org](mailto:isilberg@jewishtulsa.org) 918.495.1100**

Go to [www.JewishTulsa.org/calendar](http://www.JewishTulsa.org/calendar) to view a full calendar of events.

# ISRAEL AND YOUR DOLLARS EXPLAINED

by Chen Shoval, Israeli Emissary



Where does our money go? This question has been brought up recently by members of our Jewish community. Specifically, community members are asking if their money stays here in Tulsa or is sent to Israel. I hope to clarify this for everyone.

congregations. Our goal as Shlichim is to build the connection between Israel and our community, to bring Israel to you (I hope I have done that these past two years). Not only do Shlichim bring Israel into each community they serve around the world, but they also bring the community's culture back to Israel. That's right, I will be bringing Tulsa back with me, y'all!

Additionally, JAFI connects by providing educational immersive experiences for young Jews to explore their own Jewish identity, connect to people their age, Jewish life and traditions, and their Jewish roots. One such connection is Partnership2Gether, a JAFI initiative pairing Israeli communities with Jewish communities abroad, creating an enduring global network of mutual support and friendship.

The final impact goal of JAFI is Israeli society. JAFI supports Israelis at risk and in need, such as, the six youth villages for youth ages 12-18 coping with severe emotional and behavioral challenges. They also focus on cultivating the next generation of leaders through their young adult leadership academy. The state of Israel and JAFI believes that to have a strong Jewish state there first must be a strong Jewish society, thus the investment in its future leaders is a priority.

It is important to note that JAFI has a Board of Governors that facilitates global Jewish partnership which is made up of diverse and global representatives; leadership from North American Federations, Keren Hayesod campaigns, religious streams, world Jewish and Zionist organizations, Israeli political parties, and more. The Board of Governors oversees budgets, manages operations, recommends policy updates and initiatives, and together decides on the Jewish Agency's programming in full cooperation with the Israeli government. This is also the forum for the Israeli government to listen, and to acknowledge the Jewish community's voices and points of view from around the world.

Many Israelis, especially those of us working in the Jewish professional world, are worried about the future of the Jewish people, our security, identity, and continuation. It is comforting to know that there are people and organizations out there who are working hard to ensure a flourishing home for the Jewish people. ■

A very small percentage of the Jewish Federation budget, less than 2%, is sent to the Jewish Federation of North America (JFNA), our umbrella organization representing 146 Jewish Federations in North America. Through JFNA a small portion of each Jewish Federation's annual fees are allocated to two organizations: The Joint and the Jewish Agency for Israel (JAFI). The Joint (American Jewish Joint Distribution Committee) is the largest Jewish humanitarian organization in the world. Their goal in Israel is to promote quality of life, equal opportunities, and to narrow the socio-economic gaps in Israeli society. The Jewish Agency for Israel's (JAFI) mission is to provide the global framework for Aliyah (immigration to Israel), ensure global Jewish safety, strengthen Jewish identity, connect Jews to Israel and one another, and convey the voice of the Jewish people to the state of Israel to help shape its society.

JAFI has three impact areas: **Aliyah, Connect, and Israeli society.** Originally, JAFI was established to serve as the first government for the state of Israel and to help people make Aliyah and settle the land. In times of crisis or when Jews needed rescue from 'countries of concern' JAFI helped with special Aliyah operations such as operations Solomon and Moses that brought Jews from Ethiopia to Israel, Aliyah from the former Soviet Union, and the Arab countries in the 1950's. Most recently, JAFI brought 15,000 Jews from Ukraine and 33,000 Jews from Russia to leave war torn areas and find a new home in Israel.

JAFI's second area of impact is Connect. The Jewish Federation of Tulsa has partnered with JAFI for past 50 years in the Shlichim (emissary) program. There are over 6,000 Shlichim in Jewish communities throughout the world; in summer camps, college campuses, youth movements, and

## OKLAHOMA JEWISH FILM FESTIVAL

Sunday, March 26, 3:00 PM

### America

A visually stunning film with deep characters that touches on love, friendship, and moral responsibility.

Monday, March 27, 7:00 PM

### Farewell, Mr. Haffmann

Paris, 1941. When the Nazi's invade France, a Jewish jeweler makes a deal to sell his shop setting the stage for a complex thriller about greed, survival, and surprising twists.

Tuesday, March 28, 7:00 PM

### One More Story

An ambitious young writer is coerced—by her sleazy editor and lover—to write a story about blind dating using her best friend as a pawn. What could possibly go wrong?

Wednesday, March 29, 12:00 PM

### Our Almost Completely True Story

Based almost completely on their own story, real-life couple Mariette Hartley and Jerry Sroka navigate the senior dating scene in Hollywood.

Wednesday, March 29, 7:00 PM

### Cinema Sabaya

Winner of five Israeli Academy Awards including best film. A story life, love, humor, and authenticity.

Thursday, March 30, 7:00 PM

### Jewish Journeys in Space

Double Feature: *Mission of Hope* and *Space Torah*

Tickets at: [CircleCinema.org/OKJFF](http://CircleCinema.org/OKJFF)

Opening Reception at 2:00 PM

## CONVERSATION AT THE CAPITOL

by Chloe Kirk, Director of Community Relations

In mid-November, during a prayer following his re-election, Oklahoma Governor Kevin Stitt claimed “every square inch” of Oklahoma for Jesus. I joined a group of Jewish leaders from both Tulsa and Oklahoma City, to meet with Governor Stitt to discuss the impact of his words. Our meeting was requested by Rachel Johnson, Executive Director of the Jewish Federation of Greater Oklahoma City and ultimately took place on January 19. Our group included Aida Nozick, Executive Director of the Jewish Federation of Tulsa, Rabbi Vered Harris of Temple B’nai Israel in Oklahoma City, Adam Brooks, President of the Jewish Federation of Greater OKC, Michael Korenblit, President of the Respect Diversity Foundation, and Jeff Kline, former vice-president of the Jewish Federation of Greater OKC.

Our goal was to ensure the governor heard directly from constituents outside of the majority and share our thoughts and feelings on his remarks. We want the governor to recognize there are other religious groups in the state he serves. I believe the governor’s words to be very dangerous, even if that was not his intent. I fear that as a result, antisemitic sentiment may increase, as his prayer could be misconstrued to argue the governor does not want Jews, or other faiths, in Oklahoma. His words felt exclusionary to Oklahoma residents who are not of Christian faith. I

want to know that our governor cares about and serves everyone in this state, not only those who subscribe to his religious beliefs.

One of our Jewish values is tikkun olam (repairing the world) but sometimes I wonder what exactly that looks like. Tikkun olam can have many manifestations, and I believe this meeting with our state governor is one such example—an attempt to repair our world. It is important to share our voice, not only for ourselves as Jews, but for everyone in Oklahoma who felt marginalized by our leader’s comments. We love our neighbors as we love ourselves, and we know the hurt went further than our Jewish community. All Americans deserve religious liberty, including those in state and federal government, however, that should not influence how those representatives choose to serve citizens from diverse faith backgrounds.

I was appreciative that the governor accepted our request for a meeting and that he spent twice as long with us than we anticipated. Our 15-minute appointment turned into an almost 30-minute dialogue, which I was incredibly thankful. It would not have been possible to have the same level of meaningful conversation in a shorter time frame. The governor took time to listen to us and my hope is that in the future, he will think about the impact of his words before he makes his next speech. ■



*Michael Korenblit (President, Respect Diversity Foundation), Aida Nozick (Executive Director, Jewish Federation of Tulsa), Rachel Johnson (Executive Director, Jewish Federation of Greater Oklahoma City), Jeff Kline (former Vice President, Jewish Federation of Greater Oklahoma City), Governor J. Kevin Stitt, Rabbi Vered Harris (Temple B’nai Israel, Oklahoma City), Chloe Kirk (Director of Holocaust Education and Community Relations, Jewish Federation of Tulsa), Adam Brooks (President, Jewish Federation of Greater Oklahoma City)*

## SHARING FOOD AND FAITH

by Chloe Kirk, Director of Community Relations

Open Tables is an interfaith initiative that aims to bring Tulsans of diverse faith backgrounds together for dinner and dialogue. During the course of the year, Open Tables hosts three potluck dinners, each at a different location. Every dinner also includes a presentation that explains and celebrates the traditions of one represented faith group.

On January 29, the Jewish Federation of Tulsa hosted the second Open Tables dinner of the year in the Barb and Dave Sylvan Auditorium. This event was one of the most successful Open Tables since the program began a decade ago! Over 100 participants brought a favorite dish to share, took a seat at their table with people from other faiths, engaged in conversation, and listened to a presentation on Choctaw spirituality from guest speaker Terry Ashby of the Choctaw Nation. Over 30 people in attendance represented the Jewish community, bringing cultural foods such as noodle kugel and bagels and lox.

It was wonderful to see such a great turnout and to witness first-hand the incredible interfaith relations developing in our Tulsa community. The next Open Tables potluck dinner will be on March 19 at the Islamic Society of Tulsa. All are welcome. For more information, please visit <https://opentablestulsa.wordpress.com>. ■



*Terry Ashby, Director of Continuous Improvement at Choctaw Nation, presenting Choctaw Spirituality*

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Tulsa's Independent, Nonprofit, Art House Theatre

**COMMUNITY CONSCIOUSNESS THROUGH FILM**

**OK Jewish FILM FESTIVAL** Sun 3/26 - Thu 3/30  
Presented with the Jewish Federation of Tulsa

Five days of the best contemporary and classic Jewish cinema from around the world. Films & tickets at [CircleCinema.org](http://CircleCinema.org)

Don't miss all the great Circle Cinema films and events this month, scan the code for up-to-date listings and showtimes.

[CircleCinema.org](http://CircleCinema.org) | 918.585.3456 | 10 S. Lewis Ave, 74104

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UPCOMING EVENTS



**Mad for Greens | March Fitness Challenge**

Getting more greens and other vegetables into your diet means you are on your way to a healthier and longer life! You should aim to eat two cups of leafy greens per day. A diet rich in leafy greens can offer numerous healthy benefits including reduced risk of obesity, heart disease, diabetes, high blood pressure and even cancer. Plus eating leafy greens gives your body the fiber, vitamins, and minerals it needs to stay healthy. From broccoli to kale, these foods can also be incorporated in smoothies, roasting, sautéing, steaming, and eaten fresh in a salad. A Mediterranean diet is a perfect way to get your daily greens intake. Try something new this March and add some color to your life—the color green! Check out the delicious salad recipe to inspire you!



**Tea Party | Wednesday, March 15 | 10:30AM | Asher Room**

Every other month we will host a gathering to celebrate the fellowship within our CSJCC community. Join us for a social gathering over tea and treats! Free to CSJCC members. Register by March 13 please!

If you have any questions please reach out to Director of Community Outreach and Engagement, Laura Allen, at [lallen@jewishtulsa.org](mailto:lallen@jewishtulsa.org).

**RSVP required at [jewishtulsa.org/teaparty](http://jewishtulsa.org/teaparty)**



**Day of Luck | Friday, March 17 | 2:00PM - 5:00PM | Charles Schusterman Jewish Community Center Gymnasium**

Come test your luck! Each individual will have the opportunity to test their luck in a game of Hot Spot, a basketball shooting game!

Benny will be monitoring everyone's attempts from during this three hour time slot. The person who makes the most baskets wins and receives a prize.

If you have any questions feel free to contact Benny at [bortiz@jewishtulsa.org](mailto:bortiz@jewishtulsa.org)



**"Live Better, Longer" An Introduction to the Blue Zones | Wellness Series | Wednesday, March 22 | 3:00PM | Dan Room**

A study and book written on the hot spots around the world that "reflects the lifestyle and environment of the world's longest-lived people." Kelsey Camien, Wellness Specialist will introduce us to the nine principles that were identified in the Blue Zones study to help people live longer and feel better. Those in attendance will be entered in a drawing to win either the Blue Zones book or Blue Zones cookbook.

**Register at [jewishtulsa.org/csjjcwellness](http://jewishtulsa.org/csjjcwellness)**

UPCOMING EVENTS



**Open Pickleball | Monday Nights | 6:00PM - 9:00PM | Gymnasium**

Come play the sport that's taking the world by storm! Pickleball is the fastest-growing sport in the US, so come check it out and meet new friends in the process.

Not only do we have designated nights for pickleball, anytime the courts are open you are welcome to use them. We have paddles and balls available to borrow!

For questions, contact fitness instructor, Benny Ortiz for more information at [bortiz@jewishtulsa.org](mailto:bortiz@jewishtulsa.org).



**Open Basketball | Wednesday Nights | 7:00PM - 9:00PM | Gymnasium**

Fitness instructor and basketball enthusiast Benny has started "basketball nights" on Wednesdays! Come meet new friends and shoot some hoops!

We have open court hours for basketball too. Contact Benny at [bortiz@jewishtulsa.org](mailto:bortiz@jewishtulsa.org) for more details on dates and times.



**The first Monday of every month is Member Appreciation Day!**

Join us on **March 6th** for the next edition of this exciting new program!

Pictured here on February's member appreciation day (left to right):

Mary Gant, Ellen LaGrone, Cindy Parsons, Suzanne Riesling, Vija Sevier, Brina Reinstein, Hannah Bakewell, Esther Morton, Melinda Smith, Carol Mandelbaum, Sally Conrath, Brian Brouse.

## KALE PASTA SALAD WITH SUN DRIED TOMATOES

by Hannah Bakewell, Fitness Manager

### Ingredients:

2 cups small pasta shape, dry (e.g., farfalle, cavatappi, penne, rigatoni, etc.)

1 large bunch curly kale, torn or chopped into smaller pieces (or 2 smaller bunches – roughly 3-4 cups)

1 large red bell pepper, thinly sliced

1/3 cup sun-dried tomatoes, chopped into smaller pieces

1/3 cup parmesan, freshly grated

Approx. 10 leaves fresh basil, chopped

### Vinaigrette Dressing:

1/4 cup olive oil

2 Tbsp red wine vinegar

1/4 tsp honey

1/2 tsp dijon mustard

1/2 tsp dried thyme

1/2 tsp garlic powder

Salt + pepper, to taste

### Instructions:

1. Cook pasta according to package directions.

2. Meanwhile, prepare all other salad ingredients and add to a large mixing bowl.

3. Make the vinaigrette by whisking together all ingredients in a small bowl or shaking together in a small jar with a lid. Set aside.

4. Once pasta has cooked, drain it and add to the salad. Pour dressing over top and toss everything to combine well. Season with salt + pepper, as needed.

Cover and refrigerate salad for at least 30-60 minutes, or overnight. This recipe is best enjoyed cold and letting the kale sit in the dressing will help to soften it!



Summer 2023

May 30 - August 4

3 Years - Kindergarten | Theme Weeks

1st - 6th Grade | Specialty Camps

7th - 10th Grade | Counselor in Training

[www.csjcc.org/camp-shalom](http://www.csjcc.org/camp-shalom)  
Opens March 1!



## Camp Shalom "School's Out" Spring Break Camp is back!

We are hosting our annual spring break camp from March 13-17, 2023. Available for children between the ages of 3 years old and 10th grade. Limited space available. \$50 per child for a day full of fun activities with friends!

Register online at [www.csjcc.org/schools-out-programs](http://www.csjcc.org/schools-out-programs)

Contact Martha Kelley, Deputy Director of Charles Schusterman Jewish Community Center for more information or any questions at [mkelley@jewishtulsa.org](mailto:mkelley@jewishtulsa.org).



# NOW HIRING!

Camp Shalom Counselors  
and Aquatics Center Lifeguards  
for Summer 2023



Contact Martha Kelley at [mkelley@jewishtulsa.org](mailto:mkelley@jewishtulsa.org) or 918.495.1111



## LEARN ABOUT LINDSAY SENSEI

by Ivy Holt, Kendo 2 Kyu

You may have seen notices for learning Japanese swordsmanship – Kendo at the JCC. Our head instructor, Michael Lindsay recently achieved the rank of 5 dan (what some might refer to as 5th degree black belt) now making him the highest ranked Kendo Sensei (Teacher) in the state of Oklahoma out of 7 total Sensei level instructors.

Growing up, Lindsay was fascinated with swordsmanship. He mentioned this started with what he referred to as The Big 3: Books, Movies, and Video Games.

“I’m a big nerd,” he laughs.

He was always dismayed that there was nowhere close to home offering instruction in Kendo, a martial art which he says “always captivated his attention.” However, when he left for college in Shawnee, he found his opportunity. The drive to an Oklahoma City dojo—the only place to practice Kendo in the state at the time—was now close by. Lindsay Sensei said, “I knew it was there, and now I was closer to it than I had ever been.”

As a beginner in the dojo, Lindsay built a connection with Mr. Koki Abe—a Japanese Kendo Sensei who started the Norman Dojo in 2005 when he himself was at OU. Lindsay explains, “Abe Sensei made a very deep impact on me. I felt like continuing the practice, even though it was hard, would bring me closer to what I wanted in the martial art.”

A few years later Abe Sensei had to return to Japan, and the Norman Dojo dissolved. Before he left, he asked Lindsay to continue the practice and start his own dojo as captain until he could achieve the rank of 4 dan.

To be an actual sensei, passing the rank of 4 dan (4th degree black belt) is required. Lindsay did not do that until 2015. In between the years of 2006 to 2015, he acted as captain of the Tulsa Dojo. In order to ensure the validity and effectiveness of practice, he maintained connections with multiple sensei in both Japan and Oklahoma City. This meant putting time and energy into not only bringing people to Kendo, but also traveling to keep improving his skill and forging friendships with members of Dojo from neighboring states



Lindsay Sensei taking the test

across the country.

Recently, Lindsay Sensei received his 5 dan, and it didn’t come easy. His journey for this rank started in Kanagawa, Japan mid-November 2019. He aimed to train in Japan for the entire week before his test at Abe Sensei’s dojo to prepare and hopefully pass. This is not what happened. “I wasn’t able to show what I practiced. It hurt,” he says.

The next year, COVID-19 restricted practice ability and testing was cancelled until further notice. During this time, Lindsay Sensei, with the help of other sensei and friends, helped him to establish online Zoom practices so that those practicing could still grow in skill and see their friends.

In November 2021, Lindsay was able to test again in Los Angeles. “I really thought I was going to pass,” he starts. “But many people told me that I didn’t show any exceptional ability after the test was finished. It took me a long time to accept that.”

In order to receive the rank of 5 dan, one must be able to prove their skill, spiritual strength, and resolve. This started to wear on him mentally and spiritually. When able to test again in Georgia, he admits he did not feel good about the test or his ability. It was only after he had failed again that he realized he had strayed from the path set out for him by Abe Sensei.

“I had stopped following the advice of my teacher.”

Due to work circumstances, he wouldn’t be able to

Due to work circumstances, he wouldn’t be able to test again in the fall of 2022 and knew that there was only one more opportunity to test that same year in North America. His next stop: Vancouver, Canada.

Luckily, Abe Sensei sent word that he would be in Washington DC a week prior to his test. Lindsay traveled there to get all the advice he could get. Those practices were both mentally and physically tough, but all he needed to do was follow the advice he’d been given.

On December 10th, he and his wife arrived in Canada almost two days before the test. He had about 24 hours to prepare. “I was really nervous,” he begins. “I wanted to make sure that I felt good before I went in, so we made a point to scout out the facility and rest.” The test was taking place in one of the oldest dojos in North America. He remembers that “it felt like such a sacred place to be in; it was so full of reverence.”

He also mentions that, “looking back, it was a very beautiful location, although it didn’t feel very beautiful at the time.”

Tulsa Kendo Dojo is officially open to new enrollment! All new students are asked to first contact Head Instructor Michael Lindsay before coming to observe a practice prior to fully enrolling in the program. Practices are family-oriented, and open to anyone from children to adults. It’s a great time to practice Kendo in Tulsa, and we look forward to seeing you soon!

-The Dojo is growing in both membership and skill! Congratulations to our newest instructor—Yil Pyo Kim Sensei—who was able to pass the difficult 4th Degree Blackbelt examination in Houston last October!

-Congratulations to Head Instructor Michael Lindsay officially passing his 5th Degree Blackbelt examination in Vancouver, BC last December! Lindsay Sensei is now the first Oklahoman to ever hold the rank and looks forward to more practice with the dojo in 2023.

-Kendo at the JCC made great strides in 2022! The list of Dojo Achievements in 2022 include:

+Hosting the Southwest Kendo and Iaido Federation Spring Seminar and Rank Tes.

+Hosting 6 total mini-seminars with visting Sensei from as far away as New Orleans.

During his actual test, he remembers being dissatisfied. He fully expected to have failed again because of the high level of his opponents during the matches, one of whom participates in the Canadian National Team at the World Kendo Championship. He was both surprised and relieved to see his name on the passing card. He recalls his wife looking at him when he was told he had passed. “She had asked, ‘Aren’t you happy?’” Lindsay starts with a laugh, “It just hadn’t set in. I don’t think it set in for a while.”

“What I remember most about that trip is that it felt like it was dark all the time,” he adds. “It was only after I had finally passed that the sun came out.”

What comes next? He only has five years to prepare for the next test, and he has to make sure that he is consistently putting in the effort to improve.

Lindsay says, “Kendo is a safe space to face such challenges. Much like life and our opponent, the only way through is forward.” ■



Group Dojo photo

+Attending the Southwest Kendo and Iaido Federation’s Fall Seminar and Rank Test in Houston, TX with special guest representatives from the all United States Kendo Federation.

+Attending an internationally-led Kendo Camp in Washington DC with sponsoring instructors from Japan.

+Participating in the annual Tokyo in Tulsa Anime Convention as Special Guest Presenters.

We look forward to more wonderful adventures in Kendo this year at the CSJCC! ■

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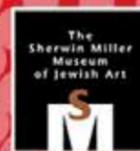
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**Upcoming Educational Art Competitions and Events**



**16th Annual Purim Mask Invitational**  
 It is the goal of the museum to promote understanding of Jewish life and culture through learning about the Jewish holiday of Purim. Come to the awards reception on Thursday, March 19 at 6:00PM at The Sherwin Miller Museum of Jewish Art. We will recognize the winners and display the amazing masks.



**15th Annual White Rose Memorial Essay Contest**  
 All Oklahoma middle and high school students, grades 6-12 are eligible to enter the contest. Essay prompt: Moral Courage involves standing up for your beliefs and values at the risk of your reputation, emotional anxiety, social isolation, employment, or event your life. Recognition Ceremony will be held in May. More details to come.



**Council for Holocaust Education – 2023 Yom Hashoah Art Contest**  
 All Oklahoma middle and high school students, grades 6-12 are eligible to enter the contest. Theme of the Commemoration: Moral Courage: the Story of World War II Ritchie Boys, with an emphasis on the Oklahoma Jewish Ritchie Boys soldiers.  
 Deadline: Monday, April 3, 2023  
**Informational downloads for education competitions are available at [www.jewishmuseumtulsa.org/resources](http://www.jewishmuseumtulsa.org/resources)**

**Coming This Month!**

**Donna Matles Retrospective Exhibition**  
**March 12, 2023 – March 1, 2024**

Art, “The expression or application of human creative skill and imagination, typically in a visual form such as painting or sculpture, producing works to be appreciated primarily for their beauty or emotional power”. Donna Matles, of blessed memory, was a true artist. As a respected artist, jewelry designer, wood turner, and conservator of Judaica, she helped the then Fenster Gallery become the Museum we call The Sherwin Miller Museum of Jewish Art, today.

Donna and her husband, Sid, were founding members/ collectors group of the Fenster Gallery. Donna was instrumental in making sure the collection was well cared for. No job was too small. She cleaned silver and helped preserve the Fine Art of the now SMMJA so many generations could enjoy. On any given day during the SMMJA’s move to the Zarrow Campus, you could find her elbow deep in the collection room. When the Museum opened to the public, she was a docent and let school groups through the newly named The Sherwin Miller Museum of Jewish Art.

Donna has been featured nationally in books and magazines. Her multi-media talents were shared within our community and could be found at Congregation B'nai Emunah, Temple Israel, Zarrow Pointe, and The Sherwin Miller Museum of Jewish Art. Donna was also featured last year for the Museum Exhibitions: Women in the Arts.

When it came to the Fine Art, whether to create it herself or care for it, there was very few who could do



*Torah Ark by Donna Matles, completed in 1987*

much better, but when it came to her kindness and her big heart, there was no one better. She gave of herself through her joy and passion for her and others art. Her family, Museum family and the Oklahoma community were better when she was in it. Her power to yield such beauty with her hands and her imagination is the true power. ■

*Please join us!*  
**March 12**  
**2:00PM**

**For a very special Opening Reception with gallery talk by Gail Matles Kirkland and Steve Matles at The Sherwin Miller Museum of Jewish Art**

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**Announcing the Bat Mitzvah of Noa Violet Verduzco**



Noa Violet Verduzco, daughter of Bethanie and Bhadri Verduzco, sister of Asher, will be called to the Torah as a Bat Mitzvah on Saturday, March 4th, at Congregation B'nai Emunah.

Noa is a 7th-grade student at Carver Middle School, where she plays flute and participates in Student Council. Noa is very creative and has a keen eye for fashion, art, and music. She is an avid reader, animal lover, and enjoys watching cringey 90's movies with her friends. Noa has attended B'nai Emunah ShulSchool since pre-school. For the past year, she has been preparing for her Bat Mitzvah under the direction of Morah Sara Levitt.

The community is invited to join the Verduzco family for services at 9:30 a.m. in person at Congregation B'nai Emunah or in the Synagogue Zoom Room. The meeting ID is 918-583-7121.

Evan Charney, son of Randee & David Charney, attended Vice President Kamala Harris 's Hanukkah party in her home in Washington DC.

Shown in photo: Second Gentleman, Doug Emhoff; VP Kamala Harris; Naomi Bareket, Evan's Israeli guest; and Evan Charney who was invited by new Israeli Ambassador to US to accompany him to Washington and work at the Israeli Embassy.



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200 years old villa with their closest friends and family. A couple of months ago, they decided to make Tulsa their home. They adopted a dog named, Nala, and are excited to see what the future holds for them here in Tulsa!

Welcome to Tulsa, Maia and Ethan Zalta! Ethan is from Tulsa and Maia is from Argentina. They met in 2018, on their birthright trip to Israel! Just a few months later, they were living together in Buenos Aires, Argentina. After Maia graduated, they moved to London. Last October, they got married in Granada, Spain in a beautiful



A group of Israeli Tulsans went to a recent Oklahoma State University basketball game to support Israeli player, Lior Garzon. Lior's goal is to play for the WNBA here in the US or in the European professional league.

# THE HISTORY OF THE BAGEL©

by Phil Goldfarb

The crusty ring-shaped bagel, the word meaning “bracelet” (bougel) or “ring” (bouc) in German; Yiddish: בייגל, romanized: beygl or beygal; Polish: bajgiel; (also historically spelled beigel) which was the everyday bread of the Jews in Eastern Europe, has become the most famous Jewish food in America. Like challah, it is of South German origin, but it came into its own and took its definitive form in the Polish shtetl.

Variants of the word beugal are used in Yiddish and in Austrian German to refer to a similar form of sweet-filled pastry Mohnbeugel (with poppy seeds) and Nussbeugel (with ground nuts), or in southern German dialects where beuge refers to a pile, e.g., holzbeuge "woodpile." Similarly, another etymology in the Webster's New World College Dictionary says that the Middle High German form was derived from the Austrian German beugel, a kind of croissant, and was similar to the German bÜgel, a stirrup or ring.

The earliest known mention of a boiled-then-baked ring-shaped bread can be found in a 13th-century Arabic cookbook where they are referred to as ka'ak. The doughy treats, common in German monasteries, evolved into a circular roll with a hole in the middle. Known as an obwarzanek, the bagels emerged as a feast day bread. They later exploded in popularity when Queen Jadwiga, the first female monarch of the Kingdom of Poland, gave up rich breads and pastries in 1394 in favor of eating obwarzanek for Lent, a religious observance in which Christians offer a small sacrifice up to God.

One other version dates the first bagels to the late 17th century in Austria, saying that bagels were invented in 1683 by a Viennese baker trying to pay tribute to the King of Poland, Jan Sobieski. The King had led Austria (and hence Poland as well since it was part of the empire) in repelling invading Turkish armies. Given that the king was famous for his love of horses, the baker decided to shape his dough into a circle that looked like a stirrup — or beugel in German.

Bagels have been widely associated with Ashkenazi Jews since the 17th century and were first mentioned in 1610 in the Jewish “Community Regulations” in Kraków, Poland which stated that the food was given as a gift to women in childbirth.

A bagel is a round bread made of simple ingredients: high-gluten flour, salt, water, yeast, and malt. It is made by throwing rings of risen dough into violently boiling water for a few seconds, then draining, cooling, and baking quickly till golden, shiny, and crisp. The result



Early bagels

should be a rich caramel color and should weigh four ounces or less while making a slight cracking sound when you bite into it. If possible, a bagel is better eaten warm. Although so many new varieties of bagels have now appeared, purists will have only the original plain water bagels. They are wonderful when very fresh and still spongy inside but quickly become tough and leathery, in which case the best thing is to cut them open and toast them. New York is said to make the best, supposedly because of the mineral content of their water.

When the Jews left Eastern Europe in great masses for America, Canada, and Europe, many sold bagels from pushcarts on the Lower East Side of Manhattan and in the East End of London. The bagel hole could be used to thread string or dowels through groups of bagels, allowing easier handling and transportation and more appealing seller displays. It was sold on the street by vendors with baskets or hanging on long sticks. Hawkers had to have a license. Illegal selling of bagels by children was common and viewed as respectable, especially by orphans helping their widowed mothers, but if they were caught by a policeman they might be beaten and their baskets and bagels would be taken away. At one time in New York City, there were so many bagel makers that Local 338, a bagel makers trade union, was created in 1915.

Because of their shape--with no beginning and no end--bagels symbolize the eternal cycle of life. In the old days, they were supposed to be a protection against demons and evil spirits, warding off the evil eye and bringing good luck. For these reasons, they were served at circumcisions and when a woman was in labor and also at funerals, along with hard-boiled eggs.

Bagels are now a popular bread product in North America, especially in cities with a large Jewish population and many with alternative ways of making them. Bagels are also sold (fresh or frozen), often in many flavors in supermarkets.

The bagel came into more general use throughout North America in the last quarter of the 20th century with automation. Daniel Thompson started work on the first commercially viable bagel machine in 1958; bagel baker Harry Lender and his son Murray leased this technology and pioneered automated production and distribution of frozen bagels in the 1960s. Murray Lender also invented pre-slicing the bagel.

Around 1900, the "bagel brunch" became popular in New York City and is considered a traditional part of American Jewish cuisine. The bagel brunch consists of a bagel topped with lox, cream cheese, capers, tomato, and red onion (colloquially known as "lox and a schmear"). This and similar combinations of toppings have remained associated with bagels into the 21st century in the U.S. Bagels in the U.S. have increased in size over time, starting at around two ounces. In 1915, the average bagel weighed three ounces. In the 1960s, the size began to increase. By 2003, the average bagel sold on a Manhattan coffee cart was six ounces.

The bagel statistics:

1. It is estimated that in 2022, 202.7 million people in the United States consumed bagels. Bagels are eaten by 61% of adults. Of those, over 50% say fresh bagels are best!
2. Bagels sales keep going up, while other bread sales decline (thanks in part to low carb fad diets).

3. People eat bagels the most in the mornings, and 77% of the time it's as a “main dish”, with only a topping and a beverage as accompaniment.

4. Mini bagels are starting to become the alternative for those seeking a lower calorie diet, so portion control has become key.

5. In 2011, over 2,000 people cut their fingers so badly slicing bagels that they had to go to the Emergency Room. This makes cutting bagels the most dangerous kitchen related activity, even beating out burns!

6. The average number of calories in a full sized, plain New York bagel is 240. You can up that caloric number by adding toppings or reduce it with the mini bagel option.

7. Currently, 189 schools offer courses in bagel making. Unfortunately, the average salary of a bagel maker is \$25,350 a year

8. The current holder in the Guinness Book of World Records is Bruegger's Bagels, who baked an 868 lb. bagel measuring 6 feet across, displayed at the New York State Fair in 2004. (State Fair visitors were able to sample the bagel!)

Phil Goldfarb is the president of the Jewish Genealogical Society of Tulsa and can be e-mailed at: phil.goldfarb@cox.net. ■

..... ~ *Please mark your calendar* ~ .....

An extraordinary discussion and lecture along with a question-and-answer session conducted by Internationally acclaimed genealogist and **speaker, Miriam Weiner, on Sunday, April 30 at 2:00PM** in the Barbara and Dave Sylvan Auditorium at CJCC.

### Some of her achievements include:

- Founder and president of The Routes to Roots Foundation- one of the most outstanding genealogical sites on the web.
- Creator of the Consolidated Eastern European Archival Database which includes Jewish and civil records from archives in Belarus, Lithuania, Poland, Moldova and Ukraine.
- Syndicated columnist of Roots and Branches published in over 100 newspapers and periodicals.
- Executive Director of the American Gathering of Jewish Holocaust Survivors.
- A Collaborator with Alex Haley of “Roots” fame on a PBS Series.
- The first Recipient of The National Genealogical Society Individual Achievement Award in 1991; and also from the NGS, the prestigious President's Citation Award in 2019.
- Recipient of awards (in 1999 and 2000) from the IAJGS

for "Outstanding Contribution to Jewish Genealogy via Print" for each of her two books Jewish Roots in Poland and Jewish Roots in Ukraine and Moldova.

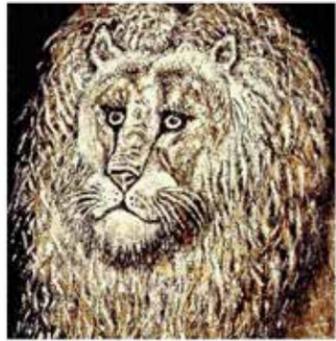
- Recipient of "Lifetime Achievement Award" from International Association of Jewish Genealogical Societies (IAJGS), 2003.
- Recipient of The Malcolm H. Stern Humanitarian Award from the Federation of Genealogical Societies (FGS), 2020.
- Miriam also has a Tulsa connection as her grandparents Alexander and Miriam "Minnie" Rabkin (who she is named after) lived and worked in Tulsa, and are buried at Rose Hill Cemetery. Her mother, Helen Rabkin Weiner grew up in Tulsa as did her aunt and uncle.

### Miriam will discuss her website which includes:

- Town name list of archive holdings from Belarus, Lithuania, Moldova, Poland & Ukraine.
- Also, an image database, map database, surname database and Holocaust database.

Miriam is a knowledgeable, dynamic, and enthusiastic speaker, please join us for this free program that promises to be informative, stimulating and thought-provoking.

For questions, please contact Phil Goldfarb, President, Jewish Genealogical Society of Tulsa at: phil.goldfarb@cox.net ■



**THE SYNAGOGUE**  
CONGREGATION B'NAI EMUNAH

**PURIM: Upside Down and Inside Out • Monday, March 6 • 5:30 p.m. Dinner • 6:15 p.m. Megillah and Festivities**

The entire community is invited to join in celebrating Purim at The Synagogue. Events begin at 5:30 p.m. with an optional delicious, festive dinner. At 6:15 p.m., we'll gather in the Sanctuary for an Interactive Megillah reading for the whole family. The evening will culminate with the legendary Shushan-o-Casbah-Rama, a Purim carnival for kids young and old. Inflatables, games, and face painting abound as we celebrate with treats, hamantaschen, popcorn, cotton candy, and so much more! Hope to see you there. Visit our website or call our offices to make your meal reservations soon. The meal costs \$14 for adults and \$7 for kids 12 years of age and younger. The megillah reading and carnival are free of charge. Participants are encouraged to come in costume.

**Traditional Megillah Reading Tuesday, March 7 • 8:00 a.m.**

Four mitzvot animate the traditional approach to the Festival of Purim. Reading the megillah, enjoying a festive meal, giving gifts to each other, and giving gifts to the poor mark the day as distinct and unique. All are invited to gather in the chapel at 8:00 a.m. on Tuesday, March 10, for a short service during which we will chant the Book of Esther. Immediately following

the service, we will serve a light breakfast and provide materials to fulfill the demands of the day. We'll conclude by 9:00 a.m. so that you can move into your day on the strength of the holiday.

**Lifelong Learners • Wednesday, March 15 • 11:30 a.m.**

Ageless seniors from every corner of the community are invited to join Rabbi Kaiman at the Synagogue for lunch and rabbinic storytelling from the literature of our civilization. The session will begin at 11:30 a.m., and a bus leaves from Zarrow Pointe at 11:00 a.m. each time. No charge for transportation, and lunch from Queenie's will be provided. It's our pleasure to provide this service in cooperation with our fellow Jewish institution. Please reserve your spot by calling the Synagogue at 918-583-7121 or emailing programs@bnaiemunah.com.

**Blatt + Blue: You People Thursday, March 16 • 7:00 p.m.**

Just like the name suggests, it's an Jonah Hill's new film, *You People*, is not the first movie to mine the comedy in romantic relationships that cross some ethnic or religious border. But it may be the first to accomplish a full-on look at the messes we make when we try too hard, appropriate the language and culture of other people, and allow ourselves to be blinded by grievance, bias, and theories of guilt that go beyond the pale. It's quite a load for a rom-com to carry, and the film has elicited plenty of admiration and criticism for its successes and failures. At the very least, it boasts an interesting performance by Eddie Murphy, as you may never have seen him before. Our conversation will reckon with plots that are a little too predictable and whether we are comfortable with how the film portrays the contemporary Jewish community. If you need

a good reason to tune in, come for Eddie Murphy and stay for Julia Louis-Dreyfus! Potential participants can see the film on Netflix, where it is easily available. Call the Synagogue at (918) 583-7121 if you have difficulty locating the program at home.

**Adam Gopnik at The Synagogue Wednesday, March 22 • 7:00 p.m.**

In partnership with Magic City Books, the Synagogue is proud to welcome Adam Gopnik, three-time winner of the National Magazine Award for essays and criticism, for an in-person event to celebrate his new book, *The Real Work: On the Mystery of Mastery*. A staff writer at the *New Yorker*, the book explores the question, "How did the people he was writing about learn their outlandish skill, whether it was drawing a nude or baking a sourdough loaf?" Exuberant and profound, *The Real Work* is ultimately about why we relentlessly seek to better ourselves in the first place. This is a ticketed event, with each ticket including one copy of the book and a seat at the event. Tickets are available at [magiccitybooks.com](http://magiccitybooks.com). As always, if tickets are prohibitive to your participation, please contact [info@bnaiemunah.com](mailto:info@bnaiemunah.com) so we can ensure all are included in Synagogue programming.

**Shabbat for Everyone • Friday, March 24 • 6:15 p.m. Dinner • 7:00 p.m. Celebration**

Like the name suggests, it's an accessible, kid-friendly, musical Shabbat experience for everyone! Newcomers and experienced community members come together to sing, dance, and welcome Shabbat alongside one another. A catered dinner precedes the musical celebration. Let us handle the cooking and cleaning so you can relax into the weekend and Shabbat with family and friends.

No reservation is necessary for the celebration, which begins at 7:00 p.m. But please call the Synagogue Offices or visit our website to make reservations for the 6:15 p.m. dinner. The service will be broadcast live on Zoom at 918 583 7121.

**Afternoon/Evening Services • Every Wednesday and Friday • 5:30 p.m.**

Each week, we gather to experience traditional daily prayer and establish a quiet space

for those mourning a loved one or observing the anniversary of a loss (yahrtzeit). All use these opportunities to recite a communal Mourner's Kaddish. Both gatherings take place in the Synagogue's Davis-Goodall Chapel, with full participation available both in-person and through the Synagogue Zoom Room. We ask that in-person attendees register in advance on our website. Friday gatherings always occur in the Synagogue Zoom Room at 918 583 7121.

**Shabbat Morning Services Every Saturday • 9:30 a.m.**

Each week, we convene on Saturday morning to sing the liturgy of the tradition, study the weekly Torah portion, and spend time amongst family and friends. All are welcome to participate in this experience in person or on Zoom. Members and friends can access the Synagogue Zoom Room at 918 583 7121.

**DRESSING UP, STEPPING OUT**

by Rabbi Dan Kaiman

In late January, Oklahoma state legislators introduced a bill that would fine drag performers up to \$20,000 and have them face up to two years in jail for performing in front of a minor. The bill seems to be in service of banning drag performances from public spaces and is in line with a national trend among conservative lawmakers to raise the alarm in reaction to a type of event known as "Drag Queen Story Hour."

These literary gatherings involve people dressing in costume and reading stories to kids. They typically utilize public spaces, like libraries or schools. And the books most often focus on messages of diversity and inclusion. Of course, the reaction among some vocal opponents of these events has been quite vigorous. Protesters, some instances of violence, and now the force of legislation has entered the conversation. The people backing these legislative bills reason that there is some risk in exposing children to diversity as expressed through drag queens. Drag queens are accused of being perverse and morally compromised, despite the nature of their acts being about understanding diversity and inclusion.

As we begin preparations for Purim, I'd like to highlight that our tradition also has a longstanding practice of dressing in costume and reading stories to kids. The story is of Esther, and in a farcical manner, it speaks a message of diversity and inclusion. Haman doesn't like

the Jews. One of them refused to bow down to him. He sees Jews as perverse and morally compromised. To carry out his polemic against them he attempts to implement legislation that decrees their annihilation.

Of course, Haman's legislative attempt fails, and he is ultimately the victim of his own violence. To commemorate this event, we dress in costume and read the story every year. One explanation for the reason we dress in costume is that we are highlighting the challenging ambiguity of good and evil. It is sometimes difficult to know the difference between the two. By dressing up, we playfully remind ourselves how hard it is to know right from wrong and that it is worthwhile to create a community where everyone feels welcome. That feels like the essential messages of Purim, and they stand in distinct opposition to the messages we're hearing about Drag Queen Story Hour.

At the Synagogue, we'll be dressing in costume as we read the megillah in a playful and animated manner. The evening will culminate in a huge party for kids of all ages and we know you'll be able to feel connected to the ideas of the season. We want you to be with us. We want you to come in costume. And as you do so, we want you to see these actions in contrast with what we've seen in our own state legislature. On this Purim, let's dress up and let's step out. ■



**Shabbat Learning Through the Ages on Zoom • Sat., Mar. 4 • 10:30 a.m.**

Borrowing from our Temple Israel monthly Shabbat morning experience, we will join to study and learn from one another. We will explore Torah and Traditional Rabbinical texts based on themes of this week's Parsha, Torah Reading. RSVP to [rsvp@templetulsa.com](mailto:rsvp@templetulsa.com) for the Zoom link.

**Purim Carnival • Sun., Mar. 5 • 11:30 a.m. •**

Our Young Families Purim Carnival takes place on March 5, following Shorashim. Come for the games, the prizes, and the delicious lunch! Stay tuned for more details, including cost.

**Purim Spiel • Mon., Mar. 6 • 7:30 p.m. •**

Join us at Temple Israel for a festive Purim Spiel! This year's story is set to the popular music of Billy Joel.

**The World of the Rabbis: Talmud's Greatest Hits with Rabbi Weinstein on Zoom • Thurs., Mar. 2, 9, 16, 23 • 2:00 p.m.**

The Talmud is the central text of Rabbinic Judaism. Compiled in the 6th century, it has served our Tradition as the primary source of Jewish Law, Theology, and the centerpiece of Jewish life until modernity. This course will expose the learner to some of the Talmud's more popular and unusual texts. RSVP to [rsvp@templetulsa.com](mailto:rsvp@templetulsa.com) for the Zoom link.

**Family Shabbat in person • Fri., Mar. 10 • 6:00 p.m.**

During Tot Shabbat Rabbi Jasper creates a sacred space for our young families with songs, prayers, and an activity. Stay for the complimentary dinner. RSVP by Tues., Mar. 7. Contact Rabbi Jasper at [rabbitzvia@templetulsa.com](mailto:rabbitzvia@templetulsa.com) for more information.

**Shabbat Service w/Torah in person, on Zoom & Facebook Live • Fri., Mar. 10 • 7:30 p.m.**

Join the Temple Israel Clergy Team in person or online as we welcome in Shabbat with the chanting of Torah. RSVP to [rsvp@templetulsa.com](mailto:rsvp@templetulsa.com) for the Zoom link.

**Zamru L'Shabbat • Fri., Mar. 17 • 6:00 p.m. •**

Celebrate with Cantor Weinstein, Cantorial Soloist Jenny Labow, and Elijah's Minor Prophets, in person or online as we welcome in Shabbat Shirah with joyous songs! Arrive at 5:30 p.m. for a pre-oneg. RSVP to [rsvp@templetulsa.com](mailto:rsvp@templetulsa.com) for the Zoom link.

**Scholar in Residence Weekend • Mar. 24-26**

We are excited to welcome Scholars in Residence Rabbi David Young and Cantor Natalie Young who will be joining us for a weekend of Torah, focused on pop culture, interactive learning, music, and song. Shabbat service Friday at 7:30 p.m.; Shabbat Opportunity Saturday at 10:30 a.m.; Havdalah Saturday at 7:30 p.m.; Brotherhood Breakfast Sunday at 9:30 a.m.

**Brotherhood Breakfast • Sun., Mar. 26 • 9:30 a.m. •**

On Sunday, March 26, Temple Israel Brotherhood will host a breakfast at 9:30am featuring guest speakers, Scholars in Residence, Rabbi David Young and Cantor Natalie Young. The cost is \$8 per person.

**THANK YOU KLARA BODE**

On February 1, after twelve years of dedicated and dutiful service to our Temple Family, Klara Bode has decided to make a professional change, moving on from Temple Israel. As Klara explains, this is not a retirement, yet a move to new opportunities, freeing her up to utilize her time differently.



We are very appreciative of the work and guidance that Klara has provided during her tenure with our congregation. Klara has been a constant and mainstay, having worked with seven rabbis and eight presidents. Klara will be missed by the Temple staff, while embraced as she moves to member of the Temple Family.

We honored Klara on Friday, February 10, at our Shabbat evening service thanking her for her years of service. Following the service, we

celebrated her with a very special oneg, featuring one of Klara's favorite food groups: Chocoholics Delight!

Change provides opportunity. Jenny Labow is promoted to the role of Office Manager, overseeing facilities and administration. Jory Budd is promoted to Staff Accountant, overseeing finance and human resources. We are in the process of bringing on a new team member to fill the role of bookkeeper. Lesley Bumgarner will also be taking on additional responsibilities, as we grow and shape our staffing model to serve Temple Israel's needs in the future.

In fondness, we say thank you to Klara and wish her blessings and good health. ■

**CHABAD PRESENTS**  
**Purim Celebration**  
 • DELICIOUS FEAST • KID FRIENDLY MENU  
 • LIVE MEGILLAH READING • MUSIC AND DANCING

**Tuesday, March 7**  
**5:30 PM**

\$9 Adults, \$5 Children, Seniors, College Students.  
 \$180 Gold Sponsor - \$100 Sponsor

**TO BE HELD AT**  
**The Charles Schusterman JCC**  
 2021 E 71st Street  
 Sylvan Auditorium

For reservations or to sponsor this event  
 please email [Chabad@JewishOK.com](mailto:Chabad@JewishOK.com) or call Chabad at 918.492.4499

**FUN FOR ALL AGES!**

**The Menu**  
 Lemon Vinaigrette  
 French Onion Soup  
 Fondant Potatoes  
 Chicken Breast French  
 Ratatouille  
 Hamantaschen



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# Camp Shalom

Summer 2023

May 30 - August 4



3 Years - Kindergarten | Theme Weeks

1st - 6th Grade | Specialty Camps

7th - 10th Grade | Counselor in Training (CIT) Camp

**Registration Opens March 1**  
**[www.csjcc.org/camp-shalom](http://www.csjcc.org/camp-shalom)**

